

FM Residency Newsletter – R2 Calgary, R2 Rural & Enhanced Skills Residents – May 8TH , 2020

As the COVID-19 pandemic continues to develop, please pay attention to your emails, as Dr. Jantzie will continue to provide updates as they arise. Stay safe.

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CONFERENCE, COURSES, WORKSHOPS

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JOB POSTINGS – PHYSICIAN OPPORTUNITIES

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CALGARY R1 RESIDENTS: **NEW** CALL FOR STIPEND SUBMISSIONS BLOCK 11 – DUE FRI, MAY 15

PLEASE NOTE: It is important that your calls are submitted **ON TIME**. Late submissions create a lot of extra work for the administrative staff and AHS. Please make every effort to have your calls submitted **BEFORE** or **ON** the deadline. If you would like to be paid on time, please submit on time.

LATE CALLS WILL BE SUBMITTED EVERY 3 MONTHS

There has been a revision to the submission of Call Stipends, be sure to read the update and access the NEW Call Stipend Submission Form in the links below.

Call Stipends not submitted on the form will not be accepted and returned to the resident for re-submission.

Block 11 call stipends are due **Friday, May 15, 2020**. Please follow the instructions on this link <http://www.calgaryfamilymedicine.ca/residency/dox/container/4b22137e3b7d1ffd3956044857ee887b.pdf>

Call Stipend Form <http://www.calgaryfamilymedicine.ca/residency/index.php/current-residents/forms>

CALGARY R2 RESIDENTS: GRADUATION PHOTOS POWERPOINT PRESENTATION – DEADLINE MAY 22

I hope all is well and that you are all staying safe! I know that this is a trying time for everyone and, as I stated in a recent Facebook post, I thought it would be nice if I continue a Calgary graduation tradition and compile a powerpoint document of cute baby photos or any other photos (+/- plans for practice, if possible) that would tug on the heartstrings of family members that would normally be played during the ceremony! I think it would be a nice memento of our time in residency and something to smile about during this stressful time. If interested, please send the aforementioned information to Brian.hartman@ucalgary.ca. Wishing you all the best and stay well!"

Brian Hartman
Family Medicine Resident
Class of 2020, University of Calgary

CALGARY/RURAL R2 RESIDENTS: VACATION PAYOUT AND CARRY-OVER

Hi All,

We have been receiving questions regarding vacation payout and carry-over in light of cancelled vacations due to rescheduling around COVID-19.

Please see the information provided to us by Dr. Jantzie. If you have any questions please contact your Division Coordinator.

*The guidelines for vacation payout were confirmed by PGME on April 17th. Payout will **ONLY** occur if:*

- 1) Vacation was denied due to clinical service and could not be taken later in the year (same as before)*
- 2) Vacation was modified/cancelled due to reassignment/redeployment (aka clinical service)*

*Per Robert Bunn from AHS that carryover is **not** possible. We are still awaiting confirmation about MOTP residents on this.*

If you have vacations on ICU or on reassigned rotations (CCH, Peds-CTU, Contact Tracing, MTU) that get cancelled on short notice please let your Division Coordinator know.

ALL RESIDENTS: **NEW** CONNECTING RESIDENTS INTERESTED IN UME TEACHING

Dear residents;

I hope you are well amidst these changing times.

We are attempting to connect those residents with interests in medical education, including those who have done medical education electives within UME. If you are interested in connecting with other residents with an interest in UME or medical education in general, please reply to Dave Beninger (dbbening@ucalgary.ca<<mailto:dbbeninger@ucalgary.ca>>) and we will connect you to share ideas, collaborate, etc..

Stay well,

Dr. Sarah G. Weeks MD MEHP FRCPC
Assistant Dean Pre-Clerkship
Undergraduate Medical Education

ALL RESIDENTS: 2020 RESIDENT EXIT SURVEY

To all exiting Cumming School of Medicine Postgraduate Trainees:

Postgraduate Medical Education (PGME) is interested in learning about your experience as a resident at the University of Calgary. The information you provide will be to improve the learning environment of residents. This exercise is a critical part of PGME quality improvement initiatives to ensure training programs continue to meet the needs of residents. We encourage you to provide honest and accurate feedback on your residency training experiences. It should take less than fifteen minutes to complete this web-based survey of 32 questions. Responses will be kept confidential and will only be used in aggregate form.

The link to the survey can be found at: https://survey.ucalgary.ca/jfe/form/SV_03yovU4VFSR7diZ or in the attached QR code.



If you have any questions or concerns about the survey, please contact Kristen Story (Kristen.story@ucalgary.ca).

Thank you for taking the time to participate and provide feedback.

ALL RESIDENTS: 2020 CSCI RESIDENT RESEARCH AWARDS – DEADLINE MAY 18

The information for the 2020 CSCI Resident Research Awards is now available. If you could please circulate the attached document to your residents it would be appreciated.

The **submission deadline** to PGME is **Monday, May 18, 2020, 11:59 pm** - Late submissions will not be accepted.

Completed applications are to be submitted to: Kristen.story@ucalgary.ca

Please let me know if you have any further questions.

Attachment 1: 2020 CSCI Awards Announcement

ALL RESIDENTS: CSM LEARNER WELLNESS NEEDS ASSESSMENT-THE IMPACT OF COVID-19 SURVEY

Dear Learner,

As a learner at the Cumming School of Medicine, University of Calgary, you are invited to take part in our research study which involves an **anonymous and voluntary** survey (15 minutes) and/or semi-structured interview (~1 hour) regarding your wellness during the coronavirus (COVID-19) pandemic.

The current COVID-19 pandemic has impacted learners at the Cumming School of Medicine. Learners are being impacted by the pandemic with regard to their personal well-being. We wish to explore this impact using a multi-faceted approach to wellness in learners, recognizing: 1) wellness can be impacted in different domains specifically mental health, physical health, social health, occupational health and intellectual health and 2) wellness initiatives can occur at the individual (learner), program (BHSc, BCR, GSE, UME and PGME) and system (higher education system and health care system) levels.

Specifically, we aim to investigate the following two objectives:

1. To determine the extent and nature of learner wellness initiatives to facilitate wellness in domains of mental health, physical health, occupational health, social health and intellectual health at individual, program and system levels during the COVID-19 pandemic.
2. To explore how learners, describe their own wellness with respect to five domains of wellness at the individual, program and system levels during the COVID-19 pandemic.

Your participation in this research study is completely **voluntary**. You can refuse to participate or withdraw at any time up to the point that you submit the survey without penalty. You may also choose not to participate in the interview.

If you would like to participate in the survey you may access it here:

https://survey.ucalgary.ca/jfe/form/SV_424yyzWjW7HMly5

If you have further questions concerning matters related to this research, please contact:

Dr. Aliya Kassam (kassama@ucalgary.ca); (403) 210-7526

The University of Calgary Conjoint Health Research Ethics Board has approved this research study and will have access to the records. If you have any questions concerning your rights as a possible participant in this research, please contact the Chair, Conjoint Health Research Ethics Board, University of Calgary at 403-220-7990.

ALL RESIDENTS: SPRING CONFERENCE 2020 – MAY 21, 2020

Spring Conference 2020 will still be happening on May 21st, 2020. Your fellow residents have been working hard lining up speakers for the conference. It will be presented via a virtual platform and more information will be made available in the coming weeks.

ALL RESIDENTS: COPYRIGHT COMPLIANCE PROCESS AND PROCEDURES

A reminder that for any resident completing a formal presentation to ensure you have University copyright compliance. Please refer to the **attached** document for more information or the [copyright website](#). The process to get compliance is easy- send your presentation to copyright@ucalgary.ca, and it takes them one-two days to respond.

Attachment 2: Copyright Compliance

[CONFERENCE, COURSES, WORKSHOPS](#)

ALL RESIDENTS: NEW YOU'RE INVITED! ONLINE SUMMER WELLNESS SERIES

Dear Educators,

During the summer, the Taylor Institute for Teaching and Learning and the Campus Mental Health Strategy are presenting a [series of wellness webinars](#) that will offer participants important mental health tools to help them work through the COVID-19 crisis.

Our mental wellness is extremely important right now, and I encourage you to take some time to hear from some of our experts on how we can build self-compassion and resilience as we move forward in the coming weeks and months.

Self-care and crisis response during COVID-19

May 19, 10:30 a.m.

Facilitator: Dr. Glory Ovie, postdoctoral associate in the Department of Psychology and the Taylor Institute for Teaching and Learning

[Register here](#)

Resilience during COVID-19 and beyond

June 23, 10:30 a.m.

Facilitator: Dr. Jennifer Thannhauser, Associate Director of Counselling, Student Wellness Services

[Register here](#)

Emotional wellness: Learning how to be attentive to both positive and negative feelings

July 21, 10:30 a.m.

Facilitator: Dr. Jacqueline Smith, assistant professor and director of mental health and wellness in the Faculty of Nursing

[Register here](#)

Mindfulness as a coping strategy in times of crisis

Aug 11, 10:30 a.m.

Facilitator: Dr. Linda Carlson, professor, psychosocial oncology in the Department of Oncology, Cumming School of Medicine

[Register here](#)

Made possible by the [Taylor Institute for Teaching and Learning](#) and the [Campus Mental Health Strategy](#)

ALL RESIDENTS: INVITATION TO ACCESS AQUIFER CASES

Cumming School of Medicine at the University of Calgary Family Medicine Residency Program invites you to register to **access 175 Aquifer virtual patient cases across a range of disciplines**. Aquifer is providing this access free through June 30, 2020, as part of their COVID-19 response.

Register Now

Click on the link below to self-register **using your institutional email address** as a learner at Cumming School of Medicine at the University of Calgary Family Medicine Residency Program and begin accessing cases:

https://calgaryfm-pg.meduapp.com/users/sign_up

How Aquifer Cases Help

Aquifer cases **fill educational gaps with realistic cases** that tie directly to core clinical conditions and national standards. Aquifer cases focus on **teaching evidence-based decision making and developing the clinical reasoning skills** vital to providing quality patient care.

Cases walk students through the interactive process of a **complete patient encounter**:



ALL RESIDENTS: SAFETY VIDEOS

PGME has posted three safety videos to their website. These videos cover important topics on how to protect yourself and your family during the pandemic. Please visit the website and view them at

<https://cumming.ucalgary.ca/programs/pgme/covid19/resources/information> .

R2 CALGARY RESIDENTS: PGME WORKSHOPS and EVENTS

PGME is still working to offer residents as many workshops as possible as originally planned. Approximately a month prior to the scheduled date, it will be assessed if the workshop requires to be offered online and if this is possible. Any registered participants will be communicated its delivery method or if it has to be cancelled.

All events are listed on the website: <https://cumming.ucalgary.ca/pgme/events>

If there are any questions in regards to workshops and registration, please do not hesitate to contact me.

Workshops and Events link: <https://cumming.ucalgary.ca/pgme/events>

SharePoint Registration link: <https://ecs.ucalgary.ca/faculty/medicine/pgmeevents>

R2 CALGARY RESIDENTS: HEALTH SCIENCES LIBRARY ONLINE WORKSHOPS – MAY/JUNE/JULY 2020

These Health Sciences Library workshops will be offered via Zoom this Spring/Summer. Registration and details are at <https://workrooms.ucalgary.ca/calendar/lcr-workshops>

Wednesday May 13

1-2 pm Covidence for Systematic Reviews

Wednesday May 20

10-10:30 am What's in a Name? Systematic and Other Reviews

1:30-3 pm Introduction to Qualitative Data Analysis Using NVivo 12

Thursday May 21

1-2:30 pm EndNote Desktop

Wednesday June 17

10:30 am -12 pm Introduction to Qualitative Data Analysis Using NVivo 12

Thursday June 18

10 - 11:30 am Intermediate Qualitative Data Analysis with NVivo 12

Tuesday July 14

9-10 am Understanding Systematic Reviews

10-11 am Searching MEDLINE Systematically

Wednesday July 15

10-11 am Covidence for Systematic Reviews

Thursday July 23

1-1:30 pm What's in a Name? Systematic and Other Reviews

For further information, please contact us at: hslibr@ucalgary.ca<<mailto:hslibr@ucalgary.ca>>

JOB POSTINGS – PHYSICIAN OPPORTUNITIES

Current Physician Opportunities for DFM Residents are now posted on our DFM Website, please contact the individual provider for further details. Opportunities will remain posted for 3 months, please note the expiry date at the bottom of the post.

Website Link: <http://www.calgaryfamilymedicine.ca/residency/index.php/opportunities>
