

FM Residency Newsletter – R2 Calgary, R2 Rural & Enhanced Skills Residents – January 24, 2020

IN TODAY'S NEWSLETTER

- ALL Residents: **NEW** CD Advisory Wuhan Pneumonia Cluster January 16, 2020 **attachment**
- ALL Calgary Residents: **New** Breastfeeding/Pumping Room now available at FMC **attachment**
- ALL Calgary Residents: Call Stipends **due TODAY January 24th**
- ALL Residents: **New** Lifesaving Courses ACLS, BLS, ATLS
- ALL Residents: Interviewers needed for MD Class 2020
- ALL Residents: Annual PGME Awards Nomination – **Due Jan 31, 2020**
- R2 Calgary & Rural Residents: Edition of [Family Medicine Notes](#) – Now Available
- R2 Calgary & Rural Residents: Spring 2020 [CFPC Examination](#) – **registration deadline Feb 1**
- R2 Calgary Residents: [Upcoming Events](#) for those interested in addiction/VUPS Medicine
- ALL Residents: [PBSG](#) Family Medicine Residents Scholarship Award – **Application Opens Apr 1, 2020**

CONFERENCE, COURSES, WORKSHOPS

- R2 Calgary Residents: 2020 [PGME](#) Resident Workshops & Events
- R2 Calgary Residents: [HSL](#) Instruction Sessions – Jan 2020
- ALL Residents: [EVIDENCE](#) at Your Fingertips – Online Education Series
- ALL Residents: UBC [Tropical](#) & Geographic Medicine Intensive Short Course 2020 – **May 4-8, 2020**
- ALL Residents – **New** NOAHE – 3 day Modelling Course **March 25-27 attachment**
- ALL Residents- MSK 6th Annual MSK Pearls Course **March 14, 2020**

JOB POSTINGS – PHYSICIAN OPPORTUNITIES

- ALL Residents: Physician Opportunities

While I am sure many of you are already aware, we direct your attention to the information we are receiving about Coronavirus occurring as a result of transmission in Wuhan, China.

Please refer to the details included in the attached letter from the Medical Officer. More than ever, it is especially important to follow infection control procedures at your respective clinics, be aware of patient respiratory tract infection symptoms, and take adequate travel histories. Vigilance to protect your patients and yourselves and stay updated to information from the Medical Officer is requested at this time. Learner safety is a top priority..

Dr. Lindsay Jantzie, MD, CCFP

Breastfeeding/Pumping Room – FMC

We are pleased to announce that a dedicated space at FMC for breastfeeding and pumping is open for staff, physicians and volunteers. The room is centrally located on the main floor of the main building.

For details on access and guidelines for use, please see the FAQ for more information.

Attachment

***REMINDER* CALL FOR STIPEND SUBMISSIONS BLOCK 7 – DUE FRIDAY, JANUARY 24.**

PLEASE NOTE: It is important that your calls are submitted **ON TIME**. Late submissions create a lot of extra work for the administrative staff and AHS – Please make every effort to have your calls submitted **BEFORE** or **ON** the deadline. If you would like to be paid on time, please submit on time.

LATE CALLS WILL BE SUBMITTED EVERY 3 MONTHS

There has been a revision to the submission of Call Stipends, be sure to read the update and access the NEW Call Stipend Submission Form in the links below.

<http://www.calgaryfamilymedicine.ca/residency/dox/container/4b22137e3b7d1ffd3956044857ee887b.pdf>
Call Stipend Form <http://www.calgaryfamilymedicine.ca/residency/index.php/current-residents/forms>

Update Life-Saving Courses

ALL - A reminder that all life saving courses (ACLS, BLS) need to be up-to-date for the duration of your training

R1s - ATLS needs to be completed prior to your promotion to R2

R2s – ATLS MUST be completed for program completion

Action required:

1. If your ACLS or BLS is expiring before June 30, 2020 please be sure to apply for time off via One45 for a renewal course **prior** to registering and paying for a course - renewing BLS through AHS is **free** if you take the course prior to your current BLS expiring. Please check My Learning Link <https://insite.albertahealthservices.ca/hr/Page1881.aspx> for availability please note the preference is that you access this option if at all possible
2. Once you have completed your course for ACLS, BLS or ATLS please send a copy of your card to your Program Coordinator. Please ensure that the **expiry date** is on any card or certificate you submit.
3. Reimbursement can be submitted through iexpense via AHS intranet

If you have any questions please contact your Program Coordinator.

ITLE: Resident as Teachers Research Project Survey

We hope you are enjoying your time in Family Medicine! To help us evaluate the family medicine program's training residents as teachers we ask for 10 minutes of your time to complete the survey linked below.

SURVEY LINK: https://survey.ucalgary.ca/ife/form/SV_2brKQOiuVdQ3Zwp

This survey is part of our PGY2 research project that is trying to assess YOUR experience as a resident in teaching. We want to know how much teaching you do, how much training you get currently and how much training you want. The purpose of this project is to try and make recommendations to the Family Medicine resident programs! These recommendations may include what content should be included and how curriculum should be structured. The results of the project will be presented at the annual Scholarship Day in March 2020. If you have any further questions please see the attached information and feel free to contact the research team.

Dr. Martina Kelly, Paul Bryan, Amanda Wang and Aly Antaya

R2 CALGARY & RURAL RESIDENTS: EDITION OF FAMILY MEDICINE NOTES – NOW AVAILABLE

We are excited to announce that the **newest edition of Family Medicine Notes** is now available at our website <https://familymedicinotes.com/>.

Family Medicine Notes started in 2012 and was initially developed to aid in studying for the CCFP exam. Since then, over 14,000 copies have sold in over 15 countries. Today, FMN has grown into a one stop, comprehensive family medicine resource that residents can rely on for the 99 priority topics. In the past few years, it has also become a notable resource for day to day family medicine for recent graduates or primary care physicians wanting to stay up to date with the most recent guidelines and approaches. It condenses entire guidelines into 1-2 pages for quick and easy reference to aid clinicians in differentials, investigations and recommended, evidence based management options. The book is updated annually to include the most recent literature and research. *This years edition has important updates to the guidelines for colorectal cancer, hypothyroidism, Crohn's, Irritable bowel syndrome, Pneumonia, Urinary tract infections, Multiple Sclerosis, Trial of Labour after C-section, Obesity in Pregnancy, Travel medicine, Opioid use disorder, Chronic obstructive pulmonary disease, systemic lupus erythematosus, erectile dysfunction, nephrolithiasis, symptom management in palliative care and many more!*

We are also excited to announce an addition to our Family Medicine Notes collection. FMN: Inbox Management is an evidence and guideline based pocket book that focuses on conditions and findings that are encountered during inbox management. It is meant to provide guidance and a starting point when tackling incidentalomas, abnormal findings and routine investigations and monitoring. Inbox management is a great resource for physicians in residency, staff new to practice or those that are interested in keeping up with the most recent updates and evidence.

As always we offer group discounts on all our hard copy books for bulk orders (10% off for orders of 10 or more and 20% off for orders of 20 or more).

Check out the sample pages of the new edition at https://familymedicinotes.com/Sample-Pages-2019_ep_44.html. This edition is available in both hard copy and eBook.

R2 CALGARY & RURAL RESIDENTS: SPRING 2020 CFPC EXAMINATION – **REGISTRATION DEADLINE FEB 1**

The Spring 2020 Certification Examination in Family Medicine application is now open for qualified residents. The **deadline to register is February 1, 2020**. Late applications will not be accepted.

http://www.cfpc.ca/Application_and_Requirements_for_Residency_Eligibility/

For residents that may not have accessed the new CFPC Portal that went live a few weeks ago in order to access your new membership portal, please used the link and information included in the e-mail entitled "Check out the new CFPC portal!". It was originally sent to members on November 20 or 21, 2019. Be sure to check your Spam folder if you cannot find it.

To apply for the exam, when you are logged into your profile, on the tab marked "Home" if you go to the bottom of that page you will see a link to Apply for the Certification Examination in Family Medicine.

R2 CALGARY RESIDENTS: UPCOMING EVENTS FOR THOSE INTERESTED IN ADDICTION/VUPS MEDICINE

See below some upcoming events that may be of interest:

1. **Summer Institute on Refugee Health and Narrative Exposure Therapy (NET)** in Ottawa May 30th – Jun 3rd, 2020: a one-week leadership program is designed for medical students and international medical graduates seeking valuable experience in cross cultural communication skills, PTSD and medical expertise, and leading community service learning programs. See link to last year's programming http://ccirhken.ca/ccirh_main/sample-page/page4-2/summer-institute/

ALL RESIDENTS: PBSG FAMILY MEDICINE RESIDENT SCHOLARSHIP AWARD – APPLICATIONS OPEN APR 1, 2020

The Foundation for Medical Practice Education is offering an annual award to Family Medicine Residents called the **PBSG Family Medicine Residents Scholarship Award**. The award is to recognize a Residency project in the area of small group learning. Our areas of interest for resident projects include the use of social media in small group learning, alternative delivery methods for PBSG, or any project that aligns with the goal of promoting small group learning and evidence-based principles. Feel free to discuss and encourage your Residents to consider an education scholarship project in this area.

For more information about the award click here: <https://fmpe.org/en/programs/residency-practice-based-small-group-learning-program>

Application window opens: April 1, 2020

Application Form: Link will be available between **April 1 and June 30, 2020**

For more information, contact:

Dr. Risa Bordman, Residency Director, at risa.bordman@utoronto.ca

Linda Mayhew, Education Co-ordinator, at mayhewl@mcmaster.ca or 905-525-9140 x22252

CONFERENCE, COURSES, WORKSHOPS

R2 CALGARY RESIDENTS: PGME WORKSHOPS and EVENTS

All of the PGME workshops offered to residents and fellows are developed to help meet the CanMEDS framework. CanMEDS overall goal is to improve patient care and each of our workshops will be a step in this direction. Please follow the link to the events page for the most up to date list of resident events and workshops. All of these are free to attend.

Workshops and Events link: <https://cumming.ucalgary.ca/pgme/events>

SharePoint Registration link: <https://ecs.ucalgary.ca/faculty/medicine/pgmeevents>

R2 CALGARY RESIDENTS: HSL INSTRUCTION SESSIONS – JAN 2020

The Health Sciences Library will be offering the following free workshops:

Monday, January 27 1-2:30 p.m. EndNote Desktop

Thursday, January 30, 10:30 a.m. - 12 p.m. Introduction to Qualitative Data Analysis Using NVivo 12

Thursday, January 30, 12 – 1-2:30 p.m. Intermediate Qualitative Data Analysis With NVivo

All workshops are held in Room 1460A, Health Sciences Library. Please go to: <http://workrooms.ucalgary.ca/calendar/lcr-workshops/> for further details and to register. The Health Sciences Library sessions are in light green.

For further information, please contact the Health Sciences Library service desk at: 403.220.6855 or hslibr@ucalgary.ca

ALL CALGARY RESIDENTS: EVIDENCE AT YOUR FINGER TIPS – ONLINE EDUCATION SERIES

Knowledge Resource Service (KRS) offers education sessions on a variety of topics, including KRS orientation, literature searching, point of care and e-resources, and citation management tools.

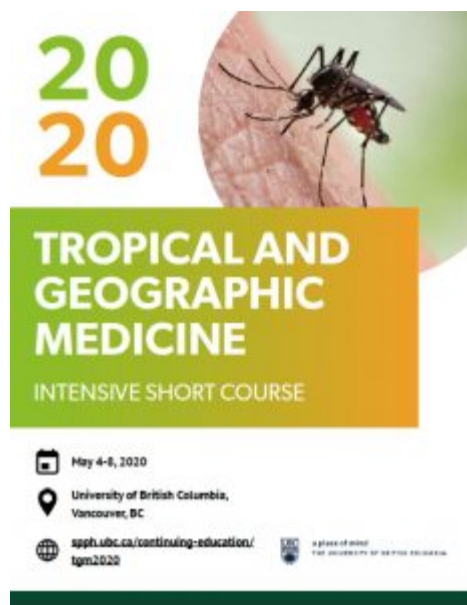
Click on the following link for a list of the upcoming education events.

<https://krs.libcal.com/calendar/education/?cid=2541&t=d&d=0000-00-00&cal=2541>

If you need additional information please contact KRS via chat (krs.ahs.ca) or email (krs@ahs.ca).

ALL RESIDENTS: UBC TROPICAL & GEOGRAPHIC MEDICINE INTENSIVE SHORT COURSE – MAY 4-8, 2020

Tropical and Geographic Medicine Intensive Short Course 2020



Date: May 4-8, 2020

Click [here](#) to view course brochure

The annual Tropical and Geographic Medicine course aims to provide health practitioners an important update and overview of key tropical diseases with a focus on providing care in resource-limited settings as well as in Canada. This course is the first of its kind in western Canada. Over 300 physicians, nurses, pharmacists and other health professionals have successfully completed this course.

JOB POSTINGS – PHYSICIAN OPPORTUNITIES

Current Physician Opportunities for DFM Residents are now posted on our DFM Website, please contact the individual provider for further details. Opportunities will remain posted for 3 months, please note the expiry date at the bottom of the post.

Website Link: <http://www.calgaryfamilymedicine.ca/residency/index.php/opportunities>
