

FM Residency Newsletter – R2 Calgary, R2 Rural & Enhanced Skills Residents – January 17, 2020

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- R2 Calgary & Rural Residents: Edition of [Family Medicine Notes](#) – Now Available
- R2 Calgary Residents: [Upcoming Events](#) for those interested in addiction/VUPS Medicine
- ALL Residents: [PBSG](#) Family Medicine Residents Scholarship Award – **Application Opens Apr 1, 2020**
- PGME call for Nominations – **Due January 31, 2020**

CONFERENCE, COURSES, WORKSHOPS

- R2 Calgary Residents: 2020 [PGME](#) Resident Workshops & Events
- R2 Calgary Residents: [HSL](#) Instruction Sessions – Jan 2020
- ALL Residents: [EVIDENCE](#) at Your Fingertips – Online Education Series
- ALL Residents: UBC [Tropical](#) & Geographic Medicine Intensive Short Course 2020 – **May 4-8, 2020**
- ALL Residents – SafeTALK – **February 5, 2020**
- ALL Residents 6th Annual MSK Pearls Course – **March 14, 2020**
- ALL Residents – NOAHE – 3 day Modelling Course **March 25-27** *attachment*

JOB POSTINGS – PHYSICIAN OPPORTUNITIES

- ALL Residents: Physician Opportunities
- ALL Residents – Recruitment Crowsnest Pass *attachment*

While I am sure many of you are already aware, we direct your attention to the information we are receiving about Coronavirus occurring as a result of transmission in Wuhan, China.

Please refer to the details included in the attached letter from the Medical Officer. More than ever, it is especially important to follow infection control procedures at your respective clinics, be aware of patient respiratory tract infection symptoms, and take adequate travel histories. Vigilance to protect your patients and yourselves and stay updated to information from the Medical Officer is requested at this time. Learner safety is a top priority..

Dr. Lindsay Jantzie, MD, CCFP

R2 CALGARY RESIDENTS: Stipe Ends Due Today – January 24th.

PLEASE NOTE: It is important that your calls are submitted **ON TIME**. Late submissions create a lot of extra work for the administrative staff and AHS – Please make every effort to have your calls submitted **BEFORE** or **ON** the deadline. If you would like to be paid on time, please submit on time.

LATE CALLS WILL BE SUBMITTED EVERY 3 MONTHS

There has been a revision to the submission of Call Stipends, be sure to read the update and access the NEW Call Stipend Submission Form in the links below.

Call Stipends not submitted on the form will not be accepted and returned to the resident for re-submission.

Block 7 call stipends are due **Friday, January 24, 2020**. Please follow the instructions on this link

<http://www.calgaryfamilymedicine.ca/residency/dox/container/4b22137e3b7d1ffd3956044857ee887b.pdf>

Call Stipend Form <http://www.calgaryfamilymedicine.ca/residency/index.php/current-residents/forms>

R2 CALGARY & RURAL RESIDENTS: EDITION OF FAMILY MEDICINE NOTES – NOW AVAILABLE

We are excited to announce that the **newest edition of Family Medicine Notes** is now available at our website <https://familymedicine.com/>.

Family Medicine Notes started in 2012 and was initially developed to aid in studying for the CCFP exam. Since then, over 14,000 copies have sold in over 15 countries. Today, FMN has grown into a one stop, comprehensive family medicine resource that residents can rely on for the 99 priority topics. In the past few years, it has also become a notable resource for day to day family medicine for recent graduates or primary care physicians wanting to stay up to date with the most recent guidelines and approaches. It condenses entire guidelines into 1-2 pages for quick and easy reference to aid clinicians in differentials, investigations and recommended, evidence based management options. The book is updated annually to include the most recent literature and research. *This years edition has important updates to the guidelines for colorectal cancer, hypothyroidism, Crohn's, Irritable bowel syndrome, Pneumonia, Urinary tract infections, Multiple Sclerosis, Trial of Labour after C-section, Obesity in Pregnancy, Travel medicine, Opioid use disorder, Chronic obstructive pulmonary disease, systemic lupus erythematosus, erectile dysfunction, nephrolithiasis, symptom management in palliative care and many more!*

We are also excited to announce an addition to our Family Medicine Notes collection. FMN: Inbox Management is an evidence and guideline based pocket book that focuses on conditions and findings that are encountered during inbox management. It is meant to provide guidance and a starting point when tackling incidentalomas, abnormal findings and routine investigations and monitoring. Inbox management is a great resource for physicians in residency, staff new to practice or those that are interested in keeping up with the most recent updates and evidence.

As always we offer group discounts on all our hard copy books for bulk orders (10% off for orders of 10 or more and 20% off for orders of 20 or more).

Check out the sample pages of the new edition at https://familymedicine.com/Sample-Pages-2019_ep_44.html. This edition is available in both hard copy and eBook.

R2 CALGARY & RURAL RESIDENTS: SPRING 2020 CFPC EXAMINATION – REGISTRATION DEADLINE FEB 1

The Spring 2020 Certification Examination in Family Medicine application is now open for qualified residents. The **deadline to register is February 1, 2020**. Late applications will not be accepted.

http://www.cfpc.ca/Application_and_Requirements_for_Residency_Eligibility/

For residents that may not have accessed the new CFPC Portal that went live a few weeks ago in order to access your new membership portal, please used the link and information included in the e-mail entitled "Check out the new CFPC portal!". It was originally sent to members on November 20 or 21, 2019. Be sure to check your Spam folder if you cannot find it.

To apply for the exam, when you are logged into your profile, on the tab marked "Home" if you go to the bottom of that page you will see a link to Apply for the Certification Examination in Family Medicine.

TITLE: Resident as Teachers Research Project Survey

We hope you are enjoying your time in Family Medicine! To help us evaluate the family medicine program's training residents as teachers we ask for 10 minutes of your time to complete the survey linked below.

SURVEY LINK: https://survey.ucalgary.ca/jfe/form/SV_2brKQOiuuDQ3Zwp

This survey is part of our PGY2 research project that is trying to assess YOUR experience as a resident in teaching. We want to know how much teaching you do, how much training you get currently and how much training you want. The purpose of this project is to try and make recommendations to the Family Medicine resident programs! These recommendations may include what content should be included and how curriculum should be structured. The results of the project will be presented at the annual Scholarship Day in March 2020. If you have any further questions please see the attached information and feel free to contact the research team.

Dr. Martina Kelly, Paul Bryan, Amanda Wang and Aly Antaya

R2 CALGARY & RURAL RESIDENTS – RESIDENT SCHOLARSHIP DAY ABSTRACTS DUE TODAY January 17

Your abstract for Resident Scholarship Day is due today, Friday, January 17th, 2020.

If you completed a research project, use attached template: <https://is.gd/kmYomy>

If you ran a QI project, use this template: <https://is.gd/lyi4sl>

You can find these templates, as well as the scholarship deadlines and information on the final reports [Resident Research Webpage](#).

Scholarship Day Presentations: You will be notified of your assigned presentation type by February 21, 2020.

Re: The 2020 Multiple Mini-Interview for applicants to the University of Calgary.

The Cumming School of Medicine Admissions Committee is currently reviewing applications for the MD class beginning July 2020. Approximately 576 applicants will be invited for an interview. Interviews will be held on three days this year; we hope you will consider participating on one of the following dates:

- **Saturday February 29 (7:30am-4:50pm)**
- **Sunday March 1 (7:30am-4:50pm)**
- **Saturday March 14 (7:30am-4:50pm)**

Assessors must attend one, two-hour training session in the Health Sciences Centre in February (dates listed below in the link). In 2006, the Admissions Committee adopted the MMI in keeping with societal and accreditation expectations that admissions processes be fair, accountable, transparent, evidence-based, reliable, valid, and based on the Faculty's philosophy and objectives.

This year, applicants will complete two circuits (as opposed to the single circuit they have completed in the past). These two circuits will be somewhat different, and assessors will be assigned to assess within one circuit or the other, but not both.

The first circuit will consist of 8 stations in the typical “MMI” format with which those of you who have interviewed previously will be familiar. In this format, applicants complete a circuit of 9-minute stations, rotating from station to station. The MMI is very similar to an objective structured clinical examination (OSCE) except that it is not ‘clinical’. MMI stations will assess the non-cognitive characteristics that the Faculty has determined are critical.

The second circuit has been introduced in an attempt to balance what we see as some of the potential limitations of the traditional MMI format, while recognizing the significant advance in interviewing technique that the MMI represents. In this circuit, the applicants will rotate through two somewhat longer (20 min) and less tightly structured interview stations, as well as a 20-minute teamwork assessment activity. The longer format interviews will still be focused on a particular attribute and begin with a standardized introduction and questions. The difference will be that the applicant has more time to express themselves, and the interviewer will be given more latitude to ask their own questions and pursue a particular line of inquiry with the applicant.

General MMI training for all assessors will occur prior to the MMI dates; further format specific (shorter vs. longer) training will occur on the day of the MMI for which you sign up.

The admissions process is time-intensive but critical if we are to assess more than academic achievement. We trust you will see this as an opportunity to take part in determining the types of individuals who will be the future physicians for our city and province.

The Admissions Office values your commitment to the MMI interview process. We also value the fairness of the process we have put in place and the reputation of our institution. We ask your help in preserving and maintaining these values.

As part of our commitment to fairness and transparency, we consider anyone who has a relative, close friend or intimate partner currently applying to our MD program, or who is anticipating applying in the next two application cycles, to be in a conflict of interest position. If this describes you at this time, our expectation is that you will recuse yourself from any involvement of the admissions process. Failure to do so is potentially damaging to the reputation of our program, and as such may result in the closure of, or otherwise jeopardize, the application of the candidate in question. Please err on the side of caution before taking on this role. If in doubt, the Director of Admissions is available to discuss the specifics of your situation.

We hope you will complete the RSVP <https://www.signupgenius.com/go/MMI2020> as soon as possible as some dates will fill up quickly. If you know anyone who might be interested in participating, please let Shannon Cayer cayer@ucalgary.ca know so that we may approach them as well.

If you have any questions, please contact Shannon Cayer cayer@ucalgary.ca.

Christopher Doig, MD MSc FRCPC

Remo Panaccione, MD FRCPC

Chair, Admissions Committee

Director, Office of Admissions

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***REMINDER* CALL FOR STIPEND SUBMISSIONS BLOCK 7 – DUE FRIDAY, JANUARY 24.**

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R2 CALGARY RESIDENTS: UPCOMING EVENTS FOR THOSE INTERESTED IN ADDICTION/VUPS MEDICINE

See below some upcoming events that may be of interest:

1. **Summer Institute on Refugee Health and Narrative Exposure Therapy (NET)** in Ottawa May 30th – Jun 3rd, 2020: a one-week leadership program is designed for medical students and international medical graduates seeking valuable experience in cross cultural communication skills, PTSD and medical expertise, and leading community service learning programs. See link to last year's programming http://ccirhken.ca/ccirh_main/sample-page/page4-2/summer-institute/

ALL RESIDENTS: PBSG FAMILY MEDICINE RESIDENT SCHOLARSHIP AWARD – APPLICATIONS OPEN APR 1, 2020

The Foundation for Medical Practice Education is offering an annual award to Family Medicine Residents called the **PBSG Family Medicine Residents Scholarship Award**. The award is to recognize a Residency project in the area of small group learning. Our areas of interest for resident projects include the use of social media in small group learning, alternative delivery methods for PBSG, or any project that aligns with the goal of promoting small group learning and evidence-based principles. Feel free to discuss and encourage your Residents to consider an education scholarship project in this area.

For more information about the award click here: <https://fmpe.org/en/programs/residency-practice-based-small-group-learning-program>

Application window opens: April 1, 2020

Application Form: Link will be available between **April 1 and June 30, 2020**

For more information, contact:

Dr. Risa Bordman, Residency Director, at risa.bordman@utoronto.ca

Linda Mayhew, Education Co-ordinator, at mayhewl@mcmaster.ca or 905-525-9140 x22252

R2 CALGARY & RURAL RESIDENTS: **REMINDER** SPRING 2020 CFPC EXAMINATION

The Spring 2020 Certification Examination in Family Medicine application is now open for qualified residents. The **deadline to register is February 1, 2020**. Late applications will not be accepted.

http://www.cfpc.ca/Application_and_Requirements_for_Residency_Eligibility/

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To apply for the exam, when you are logged into your profile, on the tab marked "Home" if you go to the bottom of that page you will see a link to Apply for the Certification Examination in Family Medicine.

Attention: CSM PGME Program Directors, Clinical Faculty, Division and Department Heads, Residents, Fellows, and Program Administrators

The nomination deadline of **Jan 31, 2020** for the *Sixth Annual PGME Awards for Excellence in Medical Education*^[1] is fast approaching.

To Nominate:

1. Complete the Nomination Form
2. Write a one-page letter of approx. 500 words. Please include:
 - Date
 - Description of how the nominee meets the criteria for the specific award
 - Your current role
 - Signature (if a group submission, include all names, roles and signatures)
3. If a faculty award (Category 1, 2) submit a copy of the Nominee's CV

Please email documents saved in a .pdf format to Nancy Dunlop ndunlop@ucalgary.ca

For further details, go to <https://cumming.ucalgary.ca/pgme/faculty-and-staff/awards-and-grants/awards/pgme-awards-excellence>

These awards are a way to recognize and reward outstanding efforts in providing high-quality residency programming through the hard work, ongoing commitment, and demonstrated passion of PGME staff and faculty. Winners will receive an inscribed plaque.

There are **three awards issued** in each of the following program categories:

- Direct-entry 2-4 year Programs
- Direct-entry 5-6 year Programs

- Subspecialty Programs (additional 1-3 years)

1. Outstanding Commitment to Residency Education Award (3 Awarded)

Purpose:	This award recognizes the outstanding contributions made by an individual to residency education through teaching, administration, program development and/or contributions to educational research that benefit residency education.
Eligibility:	Current Cumming School of Medicine PGME clinical teachers working with residents
Criteria:	The individual has demonstrated exemplary teaching of residents and has made significant contributions to any of the following: program development; program administration; innovative approaches to teaching and learning; research contributions to teaching and assessment or other aspects of residency education.
Who can nominate?	Any current CSM PGME faculty, staff, division and department head, resident, or fellow

2. Award for Resident Mentorship (3 Awarded)

Purpose:	This award recognizes the outstanding contributions of a faculty member who serves as a mentor, role model, and/or advocate for residents.
Eligibility:	Current Cumming School of Medicine PGME clinical teachers working with residents
Criteria:	The individual has provided an established and ongoing mentoring relationship with a PGME Trainee
Who can nominate?	Any current CSM PGME resident or fellow

3. Award for Service in Support of Residency Education

Purpose:	This award recognizes the outstanding contributions made by an individual to residency education through ongoing administrative support and/or innovative approaches to program administration.
Eligibility:	Current CSM PGME program administrator with 3+ years of service
Criteria:	The individual serves as a role model for other PGME support staff, and provides excellent support for program directors through their commitment to residency training and approach to program administration.
Who can nominate?	Any current CSM PGME program director, faculty, staff, resident, or fellow

Note A: A previous winner may be nominated for a PGME Award for Excellence in the same category only after a lapse of three (3) years.

Note B: A previous winner may be nominated for a PGME Award for Excellence in a different category at any time.

Nominations will be reviewed and ranked by the Awards Committee. Further information will be solicited as needed. Awards will be announced in March 2020. Recipients will be presented with a plaque at an awards ceremony in May.

Attachment – nomination form

CONFERENCE, COURSES, WORKSHOPS

R2 CALGARY RESIDENTS: PGME WORKSHOPS and EVENTS

All of the PGME workshops offered to residents and fellows are developed to help meet the CanMEDS framework. CanMEDS overall goal is to improve patient care and each of our workshops will be a step in this direction. Please follow the link to the events page for the most up to date list of resident events and workshops. All of these are free to attend.

Workshops and Events link: <https://cumming.ucalgary.ca/pgme/events>

SharePoint Registration link: <https://ecs.ucalgary.ca/faculty/medicine/pgmeevents>

R2 CALGARY RESIDENTS: HSL INSTRUCTION SESSIONS – JAN 2020

The Health Sciences Library will be offering the following free workshops:

Monday, January 27 1-2:30 p.m. EndNote Desktop

Thursday, January 30, 10:30 a.m. - 12 p.m. Introduction to Qualitative Data Analysis Using NVivo 12

Thursday, January 30, 12 – 1-2:30 p.m. Intermediate Qualitative Data Analysis With NVivo

All workshops are held in Room 1460A, Health Sciences Library. Please go to: <http://workrooms.ucalgary.ca/calendar/lcr-workshops/> for further details and to register. The Health Sciences Library sessions are in light green.

For further information, please contact the Health Sciences Library service desk at: 403.220.6855 or hslibr@ucalgary.ca

ALL CALGARY RESIDENTS: EVIDENCE AT YOUR FINGER TIPS – ONLINE EDUCATION SERIES

Knowledge Resource Service (KRS) offers education sessions on a variety of topics, including KRS orientation, literature searching, point of care and e-resources, and citation management tools.

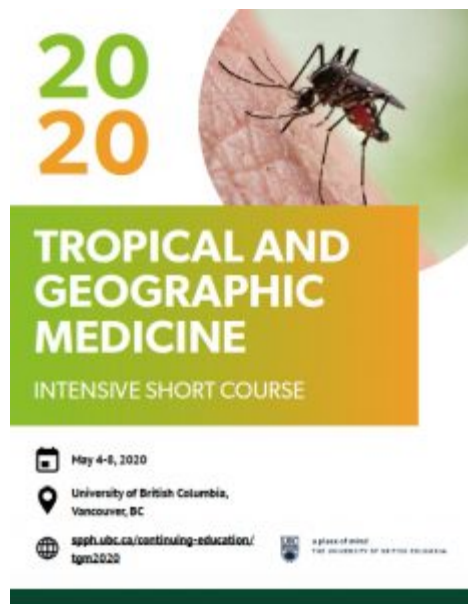
Click on the following link for a list of the upcoming education events.

<https://krs.libcal.com/calendar/education/?cid=2541&t=d&d=0000-00-00&cal=2541>

If you need additional information please contact KRS via chat (krs.ahs.ca) or email (krs@ahs.ca).

ALL RESIDENTS: UBC TROPICAL & GEOGRAPHIC MEDICINE INTENSIVE SHORT COURSE – MAY 4-8, 2020

Tropical and Geographic Medicine Intensive Short Course 2020



Date: May 4-8, 2020

Click [here](#) to view course brochure

The annual Tropical and Geographic Medicine course aims to provide health practitioners an important update and overview of key tropical diseases with a focus on providing care in resource-limited settings as well as in Canada. This course is the first of its kind in western Canada. Over 300 physicians, nurses, pharmacists and other health professionals have successfully completed this course.

Hello Residents and Faculty,

Please see the below opportunity offered by the Office of Resident Affairs and Physician Wellness. Suicide is an ongoing threat to our patients, our profession (maybe even ourselves), and in the general population. Many of us desire further skills in this area. Please consider attending. I understand that there are still several spots available for this session, so please reach out and register if you wish.

Lindsay

The Office of Resident Affairs & Physician Wellness is pleased to announce Shelly Qualtieri (<http://www.shellyqualtieri.ca/>) is hosting a SafeTALK workshop February 5, 2020.

Participants in the 3.5 hour workshop will learn about:

1. The warning signs indicating the risk of suicide.
2. The importance of recognizing the signs.
3. How to communicate with the individual at risk.
4. Resources that are available to help.

The SafeTALK workshop runs from **1 p.m. to 4:30 p.m. in HMRB G43A.**

The Office of Resident Affairs is pleased to announce it will pay the \$100 registration cost of the workshop for 30 residents, fellows and faculty members to attend. Please email residentwellness@ucalgary.ca to register before January 28, 2020.



6th Annual MSK Pearls Course – March 14, 2020

This expert-lead annual course uses a blend of didactic presentations, case studies, panel discussion and hands-on skills training to enhance physicians' care for patients with physical injuries or age-related limitations. This year's topics focus on shoulder, elbow, wrist and hand injuries commonly seen in family practice.

Location: Delta Edmonton South

JOB POSTINGS – PHYSICIAN OPPORTUNITIES

Current Physician Opportunities for DFM Residents are now posted on our DFM Website, please contact the individual provider for further details. Opportunities will remain posted for 3 months, please note the expiry date at the bottom of the post.

Website Link: <http://www.calgaryfamilymedicine.ca/residency/index.php/opportunities>
