FM Residency Newsletter – R1 Calgary & Rural Residents – June 07, 2019

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SOCIAL EVENT

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• ALL Residents: SAVE the DATE! DFM Zoo BBQ – July 20

R1 CALGARY RESIDENTS: New! CALL FOR STIPEND SUBMISSIONS BLOCK 12 – DUE FRI, JUNE 14

PLEASE NOTE: It is important that your calls are submitted ON TIME. Late submissions create a lot of extra work for the administrative staff and AHS – Please make every effort to have your calls submitted BEFORE or ON the deadline. If you would like to be paid on time, please submit on time.

LATE CALLS WILL BE SUBMITTED EVERY 3 MONTHS

There has been a revision to the submission of Call Stipends, be sure to read the update and access the NEW Call Stipend Submission Form in the links below.

Call Stipends not submitted on the form will not be accepted and returned to the resident for re-submission.

Block 11 call stipends are due Friday, June 14, 2019. Please follow the instructions on this link http://www.calgaryfamilymedicine.ca/residency/dox/container/4b22137e3b7d1ffd3956044857ee887b.pdf

**R1 CALGARY RESIDENTS: New! “WHAT I WISH I KNEW IN R1” – CALGARY PROGRAM SURVEY – DUE JUNE 21**

On July 2nd, 2019, we will be welcoming the new R1s to our program at the Department of Family Medicine Orientation Day. We will be surveying the incoming R1s around burning questions they have coming into the program and life in Calgary - the things they know they don't know. As seasoned R1s and as graduating R2s, we are asking for your help to provide advice you wish you knew coming into the program, to get more out of the program and life in Calgary - the things incoming R1s don't know they don't know, but you know now.

Please fill out this form to complete the survey: [https://forms.gle/DXta7XLmRdEzCj6H8](https://forms.gle/DXta7XLmRdEzCj6H8)

Amanda, Sunny and Jacqueline,
Co-Chief Residents 2019-2020

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**R1 CALGARY RESIDENTS: New! R1-R2 MENTOR MATCH! RESPONDE BY FRI, JUNE 28**

We are looking for current R1s to become mentors to help ease the incoming R1s’ transition into residency in the Calgary Family Medicine (Calgary) program. Our hope is to create opportunities for you to connect with incoming R1s to answer their questions regarding special interests (Sports Medicine, Low Risk Obstetrics, Hospitalist, Medical Education, etc.), home clinic sites, and general questions about the program, living in Calgary, and more. Participation is voluntary, but highly encouraged. Please sign up by completing the following form: [https://forms.gle/jbKpojH3zVkL9Bau6](https://forms.gle/jbKpojH3zVkL9Bau6)

Thank you for helping us to welcome the incoming R1s!

Amanda Wang, Sunny Ho, and Jacqueline Luhoway
Co-Chief Residents 2019-2020

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**R1 CALGARY & RURAL RESIDENTS: RESIDENT LEADERSHIP TRAVEL GRANT APPLICATION DEADLINE – JUNE 15**

Just a reminder – the deadline for accepting Resident LEADERSHIP Travel Grant applications for events scheduled from July 1st to September 30th, 2019 is June 15th, 2019. Completed applications should be submitted to Jan Rose in the PGME office (G05B Heritage Medical Research Building) or electronically to jan.rose@ucalgary.ca.

A limited amount of funding is available to facilitate and support resident leadership development opportunities. PGME recognizes that participation in conferences, seminars and meetings which encourage trainees to cultivate and demonstrate this aptitude is beneficial for achieving academic success and realizing career goals. Applications with missing components (Program Director, etc.) will be accepted however all requirements must be met prior to approval. All applications must still be submitted by the deadline.

The travel grant application and a list of successful Leadership Travel Grant recipients awarded for Quarter 1 of the 2019-20 fiscal year has been posted on the PGME website at the link below: [http://cumming.ucalgary.ca/pgme/current-trainees/resident-leadership-travel-grants](http://cumming.ucalgary.ca/pgme/current-trainees/resident-leadership-travel-grants)
R1 CALGARY & RURAL RESIDENTS: RESIDENT RESEARCH TRAVEL GRANT APPLICATION DEADLINE – JUNE 15

Just a reminder – the deadline for accepting Resident RESEARCH Travel Grant applications for conferences scheduled from July 1st – September 30th, 2019 is **June 15th, 2019**. Completed applications should be submitted to Jan Rose in the PGME office (G05B Heritage Medical Research Building) or electronically to jan.rose@ucalgary.ca.

Once again, to address the concern that residents may not have received notification that their abstracts have been accepted for presentation, Travel Grant applications will be accepted without the confirmation. Final approval however will be contingent on confirmation that the abstract has been accepted for presentation. Applications with other missing components (Program Director or Research Supervisor signature, etc.) will also be accepted however all requirements must be met prior to approval. **All applications must still be submitted by the deadline.**

The travel grant application and a list of successful Research Travel Grant recipients and their abstracts awarded for Quarter 4 of the 2018-19 fiscal year has been posted on the PGME website at the link below: [https://cumming.ucalgary.ca/pgme/faculty-and-staff/awards-and-grants/grants/grant-recipients](https://cumming.ucalgary.ca/pgme/faculty-and-staff/awards-and-grants/grants/grant-recipients)

R1 CALGARY & RURAL RESIDENTS: FUNDING SUPPORT FOR CONFERENCES IN R2 YEAR

The Calgary Residency Training Program is pleased to offer R2s limited financial support to help Residents attend a family medicine conference in the upcoming year. We have a fixed total fund and the amount available per Resident is determined by the number of applicants each year. In years past, Residents who applied were provided expense reimbursements of up to a maximum $500.

If you will be in your second year of FM Residency in July 2019 and would like to apply for future expense reimbursement, please email Jemellee Diego, the Family Medicine Residency Program Finance Analyst (Jemellee.Diego@ahs.ca) with the following information:
1. your name
2. the name of the Family Medicine conference you wish to attend the conference date

The deadline to submit is **July 31, 2019**. Requests for support submitted after this date CANNOT be considered because the funding pool will be distributed to those Residents who met the deadline. Please contact Jemellee at Jemellee.Diego@ahs.ca with your questions.

R1 CALGARY RESIDENTS: **NEW!** PGSG FAMILY MEDICINE RESIDENCY SCHOLARSHIP AWARD – JUNE 30

Are you a resident or know a group of residents who have completed a scholarly project involving small group learning or another topic that aligns with the goals of the Residency PBSG program? Then nominate yourselves for the new **PBSG Family Medicine Residency Scholarship Award**. One award in the amount of $500 will be conferred each year. A simple application by anyone including the Resident(s) themselves along with a copy of the project (or presentation) is all that is needed. Deadline for this year’s applications is **June 30, 2019**. For more information or to download the application form, please visit: [https://www.fmpe.org/en/programs/residency-practice-based-small-group-learning-program](https://www.fmpe.org/en/programs/residency-practice-based-small-group-learning-program)
R1 CALGARY & RURAL RESIDENTS: FALL 2019 CERTIFICATION EXAMINATION IN FAMILY MEDICINE
APPLICATION IS NOW OPEN – DEADLINE TO REGISTER JUNE 30

The Fall 2019 Certification Examination in Family Medicine application is now open for qualified residents. The deadline to register is June 30, 2019. Late applications will not be accepted. Please notify your residents that may be eligible to write the fall examination accordingly.

http://www.cfpc.ca/Application_and_Requirements_for_Residency_Eligibility/

ALL RESIDENTS: TEACHING IN UNDERGRAD OPPORTUNITY

The medical school is reaching out for resident volunteers who are interested in teaching the Introduction to Clinical Practice Course: http://intro.ucalgaryblogs.ca/recruitment/

There are several sessions residents can choose to participate in between June 24-28/19. If you are interested in participating, please contact your division coordinator to ensure your schedule permits this opportunity. Once that approval is received, residents can contact Anthony Seto (avseto@gmail.com) to sign up.

CONFERENCE, COURSES, WORKSHOPS

R1 CALGARY RESIDENTS: 2019 FALL ACLS DATES – REGISTRATION NOW OPEN!

ACLS 1 Day Renewal Course – Saturdays
July 13th                Oct 19th
Sept 14th               Nov 2nd
Sept 28th               Nov 23rd
                       Nov 30th

ACLS 2 Day Provider Course
Saturday & Sunday Provider Classes:
July 13th/14th               Nov 2nd/3rd
Sept 14th/15th              Nov 2nd/3rd
Sept 28th/29th              Nov 30th / Dec 1st

***ACLS Experienced Provider Course** - Sundays
(Geared towards advanced HCPs who have previously taken ACLS several times & are looking for a more challenging course with a focus on case based scenarios)
Oct 20th                  Nov 24th

Foothills Medical Centre
Contact: Clare Puzey for registration details clarepuzey@gmail.com; or 587-223-2691

R1 CALGARY RESIDENTS: 2019 PGME WORKSHOPS – REGISTRATION OPEN

Postgraduate Medical Education(PGME) will be offering the following workshops in 2019:
Conflict Management: Thurs, Aug 15 (1:00 – 4:00 pm, G43A, HMRB)
Practice Management Seminar: Thurs, Nov 7 (Full Date, G43A, HMRB)
QuRE – Quality Referral Evolution: Thurs, Nov 21 (1:00 – 2:30 pm, G43A, HMRB)

To login in to register for a workshop, please go to https://ecs.ucalgary.ca/faculty/medicine/pgmeevents

Attachment: Sharepoint Registration Instructions

ALL RESIDENTS: HEALTH SCIENCES LIBRARY WORKSHOPS for the MONTH of JUNE

The Health Sciences Library will be offering the following free workshops:

Thurs. June 13, 10-11 am Understanding Systematic Reviews in Human Health
Thurs. June 13, 11 am-12 noon Searching MEDLINE Systematically
Thurs. June 13, 2-3:30 pm EndNote Desktop

All workshops are held in Room 1460A, Health Sciences Library. Please go to: http://workrooms.ucalgary.ca/calendar/lcr-workshops/ for further details and to register. The Health Sciences Library sessions are in light green.

For further information, please contact the Health Sciences Library service desk at: 403.220.6855 or hslibr@ucalgary.ca

ALL RESIDENTS: GRAND ROUNDS – A NOVEL NORMATIVE APPROACH TO COUNTING GPs – JUNE 13

A Novel Normative Approach to Counting GPs - Are we really THAT off?
Presented by: Dr. Terrence McDonald

When: Thursday, June 13, 2019 (08:00 – 09:00)
Where: UofC PGME G43A with videoconferencing to:
  • Medicine Hat Regional Hospital Room 1
  • Lethbridge Chinook Regional Hospital Room 2K155
  • Sheldon M. Chumir Teaching Centre – Rm 8201
  • South Health Campus – Room 410015
  • Sunridge Family Medicine Teaching Centre – Room 501
  • Sundre Hospital Education Room 302
Audio conference available by phone at 1 (866) 236-8306; participant code 8136233

ALL RESIDENTS: PRACTICE SURVIVAL SKILLS: WHAT I WISH I KNEW IN MY FIRST YEARS OF PRACTICE – JUN 15

Practice Survival Skills: What I Wish I Knew in My First Years of Practice #PSSmed

https://ubccpd.ca/course/practice-survival-skills-2019

June 15, 2019 (Sat) | NEW LOCATION: The AMS Nest, UBC Main Campus | Vancouver BC

Register: https://events.eply.com/practice-survival-skills-2019
*The resident rate has been partially subsidized by the UBC Post Graduate Education Office. The first 75 residents to register will receive the resident rates. Once this limit has been reached, residents must pay the full physician rate. Proof of resident status (hospital ID, letter from your supervisor) must be provided on-site.

Now in its 12th year, PSS attracts primary care physicians from across North America. This conference provides attendees with unique clinical, legal, technological, and financial content. The afternoon sessions are all interactive workshops.

**ALL RESIDENTS: 2019 EXERCISE IS MEDICINE CANADA (EIMC) NATIONAL STUDENT RESEARCH AND MEDICAL CONFERENCE – Uof C - JUNE 27 & 28**

The University of Calgary is proud to host the 2019 Annual Exercise Is Medicine Canada (EIMC) Student Research and Medical Conference. The focus of the conferences is to share the mission of EIMC by promoting and integrating exercise into the Canadian healthcare systems, and to share evidence-based research findings on how exercise can improve health outcomes. The two-day conference will host a variety of speakers and presentations highlighting exercise as a preventative strategy and as part of chronic disease management. Residents can register at the student rate and access both the research and medical conferences.

When: June 27 & 28, 2019  
Where: UCalgary Libin Lecture Theatre, 3330 Hospital Dr NW, Calgary AB


**ALL RESIDENTS: 10TH CANADIAN CONFERENCE ON DEMENTIA – CALL FOR ABSTRACTS IS NOW OPEN**

Be part of the action by submitting an abstract to the 10th CCD Scientific Committee and share your research with colleagues. Poster discussions often enable interesting opportunities for knowledge transfer, exchange and future collaborations and are a wonderful way to get to know other members of the dementia community. The abstract judged best overall will be awarded a certificate of recognition and a $500 cash prize. Five abstracts will also be selected for a ten minute oral presentation.

Submission deadline: June 28, 2019

Click here to submit your Abstract: [https://events.decorporate.ca/ccd2019/abstract/login.php](https://events.decorporate.ca/ccd2019/abstract/login.php)

**ALL RESIDENTS: SAVE the DATE –GOOD PRACTICES IV; DISCLOSING PATIENT SAFETY INCIDENTS – NOV 28TH**

**CMPA presents:** Good Practices IV: Disclosing Patient Safety Incidents

→ Focus on residents’ responsibility and skill in disclosing patient safety incidents.

**Speaker Information:** Tino D. Piscione, MD, PhD, FRCPC; Physician Advisor, Safe Medical Care, CMPA  
**Date:** November 28, 2019  
**Time:** 1:00 – 4:30 pm  
**Location:** Hotel Alma – Senate Room
**SOCIAL EVENT**

**ALL RESIDENTS: INVITATION TO NSHA RESIDENT INFORMATION NIGHT – JUN 20th**

The Nova Scotia Health Authority is coming to Calgary and will be hosting an information night so residents can find out about practice opportunities and incentive programs as well as have questions answered about working in Nova Scotia. It is never too soon to start making connections and considering your options. This is a casual information event and guests are welcome!

Hors d’oeuvres will be served and a cash bar is available. **We hope to see you on June 20!!** Please respond so catering knows how many to prepare for and let me know if there are any food allergies/intolerances.

**Invitation:** [https://www.eventbrite.ca/e/nova-scotia-resident-information-night-tickets-62262456684](https://www.eventbrite.ca/e/nova-scotia-resident-information-night-tickets-62262456684)

**ALL RESIDENTS: SAVE the DATE! DFM Zoo BBQ – July 20**

**DFM’s annual summer BBQ** will be at the **Calgary Zoo on Saturday, July 20th**.
Please save the date! Details and registration to follow in the coming weeks.
Instructions for Registering for PGME Workshops

In order to attend a PGME workshop, you must register. (There are no drop-in workshops.)

To register, please go to https://ecs.ucalgary.ca/faculty/medicine/pqmeevents

In order to log in you must use your U of C IT login.

**You must register for these sessions under your University of Calgary name and Password (see below)**

The registration form will ask you for the following:

- Enterprise Collaboration Services
- Username
- Password

**Difficulty Signing In?**

If you have a problem signing in, please contact IT at https://password.ucalgary.ca/

**Successfully Signed In**

Once you have successfully signed in, you will see a workshop calendar which lists the workshops being offered by PGME. If you do not see a specific workshop, please scroll to the next month to check for additional workshops. To register for a workshop, double please click on the workshop date to register.
Multiple Sessions
If your workshop consists of multiple sessions, you must register for each individual session. (For example, Biostatics consists of four sessions; therefore, you must register for each of the four individual sessions.)

Workshop Confirmation
After registering for a workshop, you will receive a confirmation email which is sent to your University of Calgary email account. It usually takes two to three days to receive your confirmation email.

Waitlisted
If the workshop has reached its room capacity, no new registrations are accepted. You are then added to a waitlist.

Cannot Attend?
If you cannot attend a workshop, please cancel your registration. You can cancel your registration by emailing pgmeworks@ucalgary.ca. If you do not cancel and do not attend, you prevent a resident from the waitlist from attending.

Additional Confirmation for Workshops
Once your registration has been approved, your registration status is updated on the HOME page of the workshops calendar. Please check “My Upcoming Registration(s)” to check for your recent registration.
And to check the “Status” of your workshop.
If your workshop is “pending,” it is waiting for approval.

If your workshop has been approved, then the status changes to approved.

Once you have attended the workshop, the workshop moves to “My Past Registration “status.
Notes

1. You must use your University of Calgary login to register.
2. You must use your University of Calgary account in order to receive registration confirmation.
3. If a workshop consists of multiple sessions, then you must register for each individual session.
4. If the workshop capacity has been reached, you are put on a waitlist, pending a cancellation from another resident. You will be notified if a place is available.
5. If you cannot attend a workshop, you need to cancel by sending an email to pgmeworkshops@ucalgary.ca.

26/02/2018/ks