

FM Residency Newsletter – R1 Calgary & Rural Residents – May 29th, 2020

As the COVID-19 pandemic continues to develop, please pay attention to your emails, as Dr. Jantzie will continue to provide updates as they arise. Stay safe.

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CONFERENCE, COURSES, WORKSHOPS

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CALGARY R1 RESIDENTS: **NEW** R1 TOWN HALL – THURSDAY, MAY 28, 2020

R1 Town Hall Thursday May 28, 2020

Drs. Jantzie, Rawling, and Hui met with those available from the Calgary R1 class yesterday evening. Thank you to those who were able to attend. The Calgary Program has had increased rotation disruption in the past 3 months, so attention was taken to discuss how these disruptions will be managed. Several items were covered and we wanted to ensure that you all had access to the information. Please see attached slides and recording of the session here.

[Town Hall May 28 2020 JMR.pptx](#)

Share recording with viewers:

https://ucalgary.zoom.us/rec/share/vuFxnZrCrE5JZdbizB_DQPYbOZTbeaa813dKq6FbmhoQgI NAH4DuXc7uReoX84Pn Password: 0I?*4Y91

Dr. Lindsay Jantzie, MD, CCFP

Postgraduate Director, Residency Programs

Clinical Assistant Professor

Department of Family Medicine

ALL RESIDENTS: MICHELLE HUCUL FAMILY MEDICINE AWARD – NOMINATIONS OPEN

Nominations are now open for the Dr. Michelle Hucul Family Medicine Award.

Michelle left us 5 months ago. We celebrate her memory and honour her with this annual award for R1s. Please strongly consider nominating a classmate. The deadline for nominations is end of day on **Monday June 8, 2020** (please note we have delayed the nomination period due to COVID-19). Please submit nominations to Tannis Dorscht, South Division Coordinator (Tannis.Dorscht@albertahealthservices.ca).

The winner will be announced prior to the end of the academic year.

Attachment 1: MH Award TOR May 2020

ALL RESIDENTS: CONNECTING RESIDENTS INTERESTED IN UME TEACHING

Dear residents;

I hope you are well amidst these changing times.

We are attempting to connect those residents with interests in medical education, including those who have done medical education electives within UME. If you are interested in connecting with other residents with an interest in UME or medical education in general, please reply to Dave Beninger (dbbening@ucalgary.ca<<mailto:dbeninger@ucalgary.ca>>) and we will connect you to share ideas, collaborate, etc.

ALL RESIDENTS: CSM LEARNER WELLNESS NEEDS ASSESSMENT-THE IMPACT OF COVID-19 SURVEY

Dear Learner,

As a learner at the Cumming School of Medicine, University of Calgary, you are invited to take part in our research study which involves an **anonymous and voluntary** survey (15 minutes) and/or semi-structured interview (~1 hour) regarding your wellness during the coronavirus (COVID-19) pandemic.

The current COVID-19 pandemic has impacted learners at the Cumming School of Medicine. Learners are being impacted by the pandemic with regard to their personal well-being. We wish to explore this impact using a multi-faceted approach to wellness in learners, recognizing: 1) wellness can be impacted in different domains specifically mental health, physical health, social health, occupational health and intellectual health and 2) wellness initiatives can occur at the individual (learner), program (BHSc, BCR, GSE, UME and PGME) and system (higher education system and health care system) levels.

If you would like to participate in the survey you may access it here:

https://survey.ucalgary.ca/jfe/form/SV_424yyzWjW7HMly5

If you have further questions concerning matters related to this research, please contact:

Dr. Aliya Kassam (kassama@ucalgary.ca); (403) 210-7526

ALL RESIDENTS: COPYRIGHT COMPLIANCE PROCESS AND PROCEDURES

A reminder that for any resident completing a formal presentation to ensure you have University copyright compliance. Please refer to the **attached** document for more information or the [copyright website](#). The process to get compliance is easy- send your presentation to copyright@ucalgary.ca, and it takes them one-two days to respond.

[Attachment 2: Copyright Compliance](#)

[CONFERENCE, COURSES, WORKSHOPS](#)

ALL RESIDENTS: 17th ANNUAL PEDIATRIC EMERGENCY MEDICINE, BC – VIRTUAL – JUN 25

We are going virtual! Join us on Thursday, June 25th for the 17th Annual Pediatric Emergency Medicine Update from the comfort of your home or office.

[17th Annual Pediatric Emergency Medicine Update; https://ubccpd.ca/course/PedER2020](https://ubccpd.ca/course/PedER2020)

Register <https://events.eply.com/pedervirtual2020>

THEME: Use of Guidelines in Pediatric ER

HIGHLIGHTS:

- **COVID-19 Update- Apocalypse Now: COVID-19 in Children** | Dr. Laura Sauve
- *Edge of Tomorrow: Practice-Altering Articles* | Dr. Ran Goldman
- *Leave No Trace: EKG Interpretation in the ER* | Dr. Anas Manouzi
- *Outbreak: Viral Exanthems* | Dr. Joseph Lam
- *Interactive Q & A time*
- *And many more!*

ALL RESIDENTS: YOU'RE INVITED! ONLINE SUMMER WELLNESS SERIES

Dear Educators,

During the summer, the Taylor Institute for Teaching and Learning and the Campus Mental Health Strategy are presenting a [series of wellness webinars](#) that will offer participants important mental health tools to help them work through the COVID-19 crisis.

Our mental wellness is extremely important right now, and I encourage you to take some time to hear from some of our experts on how we can build self-compassion and resilience as we move forward in the coming weeks and months.

Resilience during COVID-19 and beyond

June 23, 10:30 a.m.

Facilitator: Dr. Jennifer Thannhauser, Associate Director of Counselling, Student Wellness Services

[Register here](#)

Emotional wellness: Learning how to be attentive to both positive and negative feelings

July 21, 10:30 a.m.

Facilitator: Dr. Jacqueline Smith, assistant professor and director of mental health and wellness in the Faculty of Nursing

[Register here](#)

Mindfulness as a coping strategy in times of crisis

Aug 11, 10:30 a.m.

Facilitator: Dr. Linda Carlson, professor, psychosocial oncology in the Department of Oncology, Cumming School of Medicine

[Register here](#)

ALL RESIDENTS: INVITATION TO ACCESS AQUIFER CASES

Cumming School of Medicine at the University of Calgary Family Medicine Residency Program invites you to register to **access 175 Aquifer virtual patient cases across a range of disciplines**. Aquifer is providing this access **free through June 30, 2020**, as part of their COVID-19 response.

[Register Now](#)

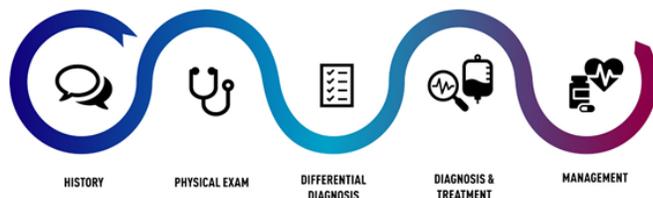
Click on the link below to self-register **using your institutional email address** as a learner at Cumming School of Medicine at the University of Calgary Family Medicine Residency Program and begin accessing cases:

https://calgaryfm-pg.meduapp.com/users/sign_up

How Aquifer Cases Help

Aquifer cases **fill educational gaps with realistic cases** that tie directly to core clinical conditions and national standards. Aquifer cases focus on **teaching evidence-based decision making and developing the clinical reasoning skills** vital to providing quality patient care.

Cases walk students through the interactive process of a **complete patient encounter**:



ALL RESIDENTS: SAFETY VIDEOS

PGME has posted three safety videos to their website. These videos cover important topics on how to protect yourself and your family during the pandemic. Please visit the website and view them at <https://cumming.ucalgary.ca/programs/pgme/covid19/resources/information> .

ALL RESIDENTS: PGME WORKSHOPS and EVENTS

PGME is still working to offer residents as many workshops as possible as originally planned. Approximately a month prior to the scheduled date, it will be assessed if the workshop requires to be offered online and if this is possible. Any registered participants will be communicated its delivery method or if it has to be cancelled.

Please find attached the most up to date 2020 workshop list. Please circulate it, along with the SharePoint registration instructions to your residents (both attached).

June 4 & 11 Health Research Method: How to Plan a Study Part I & II– we still have spots – registration will close May 22.

All events are listed on the website: <https://cumming.ucalgary.ca/pgme/events>

If there are any questions in regards to workshops and registration, please do not hesitate to contact Kristen Story at Kristen.story@ucalgary.ca .

Workshops and Events link: <https://cumming.ucalgary.ca/pgme/events>

SharePoint Registration link: <https://ecs.ucalgary.ca/faculty/medicine/pgmeevents>

ALL RESIDENTS: HEALTH SCIENCES LIBRARY **ONLINE WORKSHOPS – MAY/JUNE/JULY 2020**

These Health Sciences Library workshops will be offered via Zoom this Spring/Summer. Registration and details are at <https://workrooms.ucalgary.ca/calendar/lcr-workshops>

Wednesday June 17

10:30 am -12 pm Introduction to Qualitative Data Analysis Using NVivo 12

Thursday June 18

10 - 11:30 am Intermediate Qualitative Data Analysis with NVivo 12

Tuesday July 14

9-10 am Understanding Systematic Reviews

10-11 am Searching MEDLINE Systematically

Wednesday July 15

10-11 am Covidence for Systematic Reviews

Thursday July 23

1-1:30 pm What's in a Name? Systematic and Other Reviews



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TERMS OF REFERENCE

The Dr. Michelle Hucul Family Medicine Award

PURPOSE

The purpose of this award is to recognize a 1st year Family Medicine Resident who has displayed exemplary resilience and a passion for wellness at the University of Calgary.

Dr. Michelle Hucul completed medical school at the University of Calgary's Cumming School of Medicine and started her Family Medicine Residency in 2019. Michelle was a life-long learner and loved teaching, especially sharing her passion of human anatomy and physiology. Michelle always had a positive outlook on life and would tackle life hurdles with integrity and resiliency. During her battle with Stage 4 Colorectal cancer, she was determined to continue being a resident and truly demonstrated her love for medicine and her passion for helping others with her daily patient encounters. In addition, she focused on her physical health and maintained her weekly workouts while juggling the intense demands of residency and being a devoted mother and wife.

VALUE OF THE AWARD

The value of the award shall be a cheque for \$1000. The resident's name shall be added to the department's Dr. Michelle Hucul Family Medicine Award plaque.

CRITERIA

The Dr. Michelle Hucul Award will be presented to a current R1 in the Calgary or Rural Program, in good academic standing, who has met the following criteria:

- Consistently exhibits the values of kindness, honesty, and compassion
- Models exemplary self-care and resiliency despite difficulties
- Advocates for physician wellness in the medical community
- Demonstrates passion for helping others in need
- Exhibits outstanding patient advocacy, professionalism, and a positive attitude

NOMINATION

Residents are nominated for this award by the submission of a nomination letter and curriculum vitae to the Resident Awards Subcommittee in the Department of Family Medicine. This letter may be submitted by any one of the following:

1. The Resident (self-nomination)
2. A Co-Resident
3. Any preceptor who has supervised the Resident
4. Any Family Medicine Residency Division or Site Director
5. The Family Medicine Postgraduate Director

AWARD PROCESS

The recipient will be chosen by the Resident Awards Subcommittee in the Department of Family Medicine.

AWARD TIMELINE

Call for nominations will go out at the end of February each year. The recipient will be selected and announced at the Spring Conference for Family Medicine Residents.

Attachment 2: Copyright Compliance

Subject: [Academic-staff-I] Reminder – Critical Importance of Copyright Compliance Process and Procedures

The University of Calgary works to raise awareness of the Copyright Act and its regulations, fulfill our legal obligations set out in the Act and protect the intellectual property that we both use and create on campus. As an institution that manages its own copyright compliance and does not operate under a collective copyright licensing agreement, it is imperative that our community is compliant in all areas of copyright.

The Copyright Committee is awaiting the decision of the Access Copyright v York University lawsuit appeal and is reviewing recent decisions by the Copyright Board. As the Canadian copyright landscape continues to evolve, the importance of sound copyright policies and procedures within our campus community are further emphasized and required.

We remain committed to maintaining a balance between creator and user rights, and the application of fair dealing in the materials used in our teaching and research. Students, faculty and staff must adhere to the University of Calgary's policy on [Acceptable Use of Material Protected by Copyright](#) and are encouraged to submit their materials for review.

What does this mean for you?

All third party materials, with the exception of purchased texts, must be reviewed by the Copyright Office staff before they can be used in teaching. This includes materials sourced from the Library, Internet or elsewhere that you intend to post to D2L or distribute to your students. The Copyright Office can help you ensure that the educational exceptions in the Copyright Act are appropriately applied and will arrange for copyright permissions, as needed. Copyright automatically applies to all original works, regardless of whether they are electronic, sourced from the Internet or in print format.

The [Learning Materials memorandum](#) from the Vice-Provost (Libraries and Cultural Resources) and Vice-Provost (Teaching and Learning) is an important resource for instructors seeking to source cost effective learning materials, including open educational resources.

What do you need to do?

Send your course materials to copyright@ucalgary.ca or contact the Copyright Office for assistance if the materials have already been posted to D2L. The Copyright Office will review and provide copyright clearance for your materials – a process that is usually completed within a few days. Visit the [copyright website](#) for more general copyright information

Materials must be reviewed each semester they are used, as permissions need to be renewed, and licensing agreements and links may have changed. **Do not assume that previously used materials are still cleared for use.** However, if the materials have been submitted previously to the Copyright Office, you need only inform them that there are no changes to your course materials. The Copyright Office will review their records, renew permissions as needed and confirm that your materials are copyright compliant for the upcoming term.

If you have a Teaching Assistant aiding with your selection and/or development of course materials, please share this information with them. It is important that they are aware of these obligations and the Copyright Office services.

Why do you need to do this?

It is important that we are compliant in all areas of copyright, in accordance with the Copyright Act and related decisions of the Supreme Court of Canada. The Copyright Office aims to mitigate risk to the university and our campus community by continuing to provide timely, copyright-compliant, access to required material. We need all members of the University of Calgary to work collectively towards this goal to meet our obligations in the use of third party materials.

On behalf of the Copyright Committee and the University of Calgary, thank you for your continued support in our efforts to ensure best practices in copyright compliance and your timely attention to this request.

Dru Marshall
Provost and Vice-President (Academic)