

FM Residency Newsletter – R1 Calgary & Rural – November 29, 2019

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- R1 Calgary Residents: **New** [Psychiatry Call Shifts](#)
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CONFERENCE, COURSES, WORKSHOPS

- R1 Calgary Residents: **New** Health Sciences Library [Workshops](#) for **Dec 2019**
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- ALL Residents: [Pediatric Infection Disease](#) Conference – **Resident/Fellow Award; Application Deadline Dec 6, 2019**
- ALL Residents: [OHMES](#) Health & Medical Education Scholarship Symposium – March 5, 2020
- ALL Residents: [Continuing Medical Education](#) for Residents
- ALL Residents: UBC [Tropical](#) & Geographic Medicine Intensive Short Course 2020 – **May 4-8, 2020**

SOCIAL

- ALL Residents: 2019 [Jingle & Mingle](#) – Tickets Now Available – **deadline to purchase Dec 13th**

R1 CALGARY RESIDENTS: ‘REMINDER’ CALL FOR STIPEND SUBMISSIONS BLOCK 5 – DUE FRIDAY, NOVEMBER 29.

PLEASE NOTE: It is important that your calls are submitted **ON TIME**. Late submissions create a lot of extra work for the administrative staff and AHS – Please make every effort to have your calls submitted **BEFORE** or **ON** the deadline. If you would like to be paid on time, please submit on time.

LATE CALLS WILL BE SUBMITTED EVERY 3 MONTHS

There has been a revision to the submission of Call Stipends, be sure to read the update and access the NEW Call Stipend Submission Form in the links below.

Call Stipends not submitted on the form will not be accepted and returned to the resident for re-submission.

Block 5 call stipends are due **Friday, November 29, 2019**. Please follow the instructions on this link <http://www.calgaryfamilymedicine.ca/residency/dox/container/4b22137e3b7d1ffd3956044857ee887b.pdf>

Call Stipend Form <http://www.calgaryfamilymedicine.ca/residency/index.php/current-residents/forms>

R1 CALGARY RESIDENTS: **NEW** PSYCHIATRY CALL SHIFTS

During your Behavioural Medicine/Mental Health rotation you will be scheduled for three to four psychiatry call shifts over the course of the eight weeks. The call shift schedule is sent out on the Friday of week two of the block prior. If you need

to switch shifts due to **extenuating circumstances**, please contact the rotation scheduler, **Kristy Reimer**, at fmmh@ucalgary.ca.

Requests will be reviewed on a case-by-case basis. With your request, please provide your reasons/rationale. Please **DO NOT** switch shifts amongst yourselves or with residents from the Psychiatry Residency Program as the call shifts for Family Medicine Residents are scheduled differently. Please note that **Kristy Reimer** is your **main point of contact** for psychiatry call for Family Medicine Residents.

R1 CALGARY RESIDENTS: NEW UPCOMING EVENTS FOR THOSE INTERESTED IN ADDICTION/VUPS MEDICINE

See below some upcoming events that may be of interest:

1. **Educational Event for Family Doctors: Transgender Health For Primary Care Providers** – Dec 2nd 6:30-9pm, Last Best Brewing & Distilling (see below)

Medical Students for Gender and Sexual Diversity (GSD) are putting a CME-accredited evening for healthcare providers to strengthen their skills in the care of trans and gender diverse patients. The event is taking place at **Last Best Brewing and Distilling (607 11 Ave SW) on December 2**, is targeted mainly at family doctors that would like to start prescribing hormones for their trans patients. Dinner and one alcoholic beverage will be provided. For more information and for tickets, please feel free check out our eventbrite: <https://www.eventbrite.ca/e/transgender-health-for-primary-care-providers-tickets-80509689649>

2. **"A Creative engagement with schizophrenia: a conversation with Martha Baillie and Clem Martini."** – Dec 5th, 12-1 Libin Theatre, HSC; The Medical Bookstore will be on hand to sell books.
3. **Global Health Writing Contest** – submit by Dec 13th; <https://www.mnmtanzania.com/latest-news/writing-contest-guidelines/>
4. **Summer Institute on Refugee Health and Narrative Exposure Therapy (NET) in Ottawa May 30th – Jun 3rd, 2020:** a one-week leadership program is designed for medical students and international medical graduates seeking valuable experience in cross cultural communication skills, PTSD and medical expertise, and leading community service learning programs. See link to last year's programming http://ccirhken.ca/ccirh_main/sample-page/page4-2/summer-institute/

ALL RESIDENTS: PBSG FAMILY MEDICINE RESIDENT SCHOLARSHIP AWARD – APPLICATIONS OPEN APR 1, 2020

The Foundation for Medical Practice Education is offering an annual award to Family Medicine Residents called the **PBSG Family Medicine Residents Scholarship Award**. The award is to recognize a Residency project in the area of small group learning. Our areas of interest for resident projects include the use of social media in small group learning, alternative delivery methods for PBSG, or any project that aligns with the goal of promoting small group learning and evidence-based principles. Feel free to discuss and encourage your Residents to consider an education scholarship project in this area.

For more information about the award click here: <https://fmpe.org/en/programs/residency-practice-based-small-group-learning-program>

Application window opens: April 1, 2020

Application Form: Link will be available between **April 1 and June 30, 2020**

For more information, contact:

Dr. Risa Bordman, Residency Director, at risa.bordman@utoronto.ca

Linda Mayhew, Education Coordinator, at mayhewl@mcmaster.ca or 905-525-9140 x22252

ALL RESIDENTS: 2020 SANDRA BANNER STUDENT AWARD FOR LEADERSHIP – ACCEPTING APPLICATION

The online application process for the 2020 Sandra Banner Student Award for Leadership (SBSAL) is now open.

Interested students and residents enrolled full-time in a Canadian medical education program and residing in Canada as Canadian citizens or landed immigrants are eligible to apply using the [online submission form](#) on the website.

Applications will be accepted until Friday, December 13, 2019 at 17:00 ET

CONFERENCE, COURSES, WORKSHOPS

R1 CALGARY RESIDENTS: **NEW HEALTH SCIENCES LIBRARY WORKSHOPS FOR DECEMBER 2019**

The Health Sciences Library will be offering the following free workshops:

Tues. December 3, 12:30-2 p.m. EndNote Desktop

Wed. December 4, 1-2 p.m. Understanding Systematic Reviews in Human Health

Wed. December 4, 2-3 p.m. Searching MEDLINE systematically

All workshops are held in Room 1460A, Health Sciences Library. Please go to: <http://workrooms.ucalgary.ca/calendar/lcr-workshops/> for further details and to register. The Health Sciences Library sessions are in light green.

For further information, please contact the Health Sciences Library service desk at: 403.220.6855 or hslibr@ucalgary.ca

R1 CALGARY RESIDENTS: TRANSGENDER HEALTH FOR PRIMARY CARE – DEC 2, 2019

Medical Students for Gender and Sexual Diversity (GSD) are partnering with the Skipping Stone Foundation to create a CME-accredited evening for healthcare providers to strengthen their skills in the care of trans and gender diverse patients. Our event, taking place at Last Best Brewing and Distilling (607 11 Ave SW) on December 2, is targeted at mainly at family doctors that would like to start prescribing hormones for their trans patients. Dinner and one beverage will be provided.

Registration is required. For more information and tickets, please feel free check out our eventbrite:

<https://www.eventbrite.ca/e/transgender-health-for-primary-care-providers-tickets-80509689649>

R1 CALGARY RESIDENTS: **NEW WORKSHOP – PRONOUNS & LGBTQ+ TERMINOLOGY**

Register at: <https://pronounslgbtq2terminology.eventbrite.ca>



The Wellness Innovation Scholarship for Health Professions Education and Sciences (WISHES) initiative and the Student Advising & Wellness (SAW) Office are excited to present:



Pronouns & LGBTQ2+ Terminology

10 December 2019

12:30-1:30pm

Theatre 1, Health Sciences Centre

Join Tiffany Sostar for an interactive introduction to LGBTQ2+ terminology, with a special focus on non-binary gender and pronouns. This session will give you a brief overview of the changing language landscape, why it matters for medical professionals to keep up with the shifts, and how to handle it when you get someone's pronoun wrong or use the wrong terminology. The workshop will also include the opportunity for questions.

Tiffany Sostar is a bisexual, non-binary, chronic pain-enhanced narrative therapist, community organizer, consultant, writer, and editor, living and working as a white settler on Treaty 7 land. Tiffany works primarily within gender and sexually diverse communities.



Tiffany Sostar

Register at: <https://pronounslgbtq2terminology.eventbrite.ca>

R1 CALGARY RESIDENTS: PGME WORKSHOPS and EVENTS

All of the PGME workshops offered to residents and fellows are developed to help meet the CanMEDS framework. CanMEDS overall goal is to improve patient care and each of our workshops will be a step in this direction. Please follow the link to the events page for the most up to date list of resident events and workshops. All of these are free to attend.

Workshops and Events link: <https://cumming.ucalgary.ca/pgme/events>

SharePoint Registration link: <https://ecs.ucalgary.ca/faculty/medicine/pgmeevents>

R1 CALGARY RESIDENTS: 2019 FALL ACLS REVISED DATES – REGISTRATION NOW OPEN!

ACLS 1 Day Renewal Courses

Nov 30th Dec 7th

ACLS 2 Day Provider Course

Saturday & Sunday Provider Classes:

Dec 7th/8th

***ACLS Experienced Provider Course** - Sundays

Looking for a new way to recertify in ACLS? Practice your skills in a variety of scenarios beyond CARDIAC. ACLS EP counts as a renewal course

Saturday, Nov 24th

Foothills Medical Centre

Contact: Clare Puzey for registration details clarepuzey@gmail.com; or 587-223-2691

ALL RESIDENTS: 2020 PEACE SUMMIT – FEB 5-7, 2020; REGISTRATION DEADLINE – DEC 20, 2019

Humanitarian Affairs Asia is hosting the 2nd Peace Summit of Emerging Leaders at the United Nations Conference Centre Bangkok, Thailand from February 5 to 7, 2020. The conference will gather 500 young leaders from different parts of the world and give them an understanding and broader perspective on this vitally important subject. Are you ready to be part of this Global Peace Movement?

Final Application Deadline: December 20, 2019

Attachments:

Peace Summit 2020 Brochure
Peace Summit 2020 Program
Peace Summit Delegate Application Form 2020

ALL RESIDENTS: 10th CANADIAN PAEDIATRIC EMERGENCY MEDICINE REVIEW COURSE – JAN 23-25, 2020

This is a two and a half day comprehensive course covering the major core topics in Paediatric Emergency Medicine.

Each core topic will be *Case based with exam style questions* to facilitate learning the practice variations and current medical literature around the standards of care in Paediatric emergency medicine.

Guest Speakers are clinicians who are Paediatric Emergency Medicine trained, from across Canada

For Online Registration details, please visit <https://emo.simplesignup.ca/en/4644/index.php?m=eventSummary>

Location: Quartier Tremblant, Camp de Base, Mont-Tremblant, Quebec

Registration Deadline: Wednesday, January 15, 2020

ALL CALGARY RESIDENTS: EVIDENCE AT YOUR FINGER TIPS – ONLINE EDUCATION SERIES

Knowledge Resource Service (KRS) offers education sessions on a variety of topics, including KRS orientation, literature searching, point of care and e-resources, and citation management tools.

Click on the following link for a list of the upcoming education events.

<https://krs.libcal.com/calendar/education/?cid=2541&t=d&d=0000-00-00&cal=2541>

If you need additional information please contact KRS via chat (krs.ahs.ca) or email (krs@ahs.ca).

ALL CALGARY RESIDENTS: PEDIATRIC INFECTIOUS DISEASE CONFERENCE – RESIDENT/FELLOW AWARD –APPLICATION DEADLINE DEC 6, 2019

Each year at the Pediatric Infectious Disease Conference at the Banff Springs Hotel (February 14-16, 2020), the Taj Jadavji Humanism Award is given in recognition of a medical resident, who in clinical service and in other aspects of life, embodies Dr. Taj Jadavji's qualities of leadership, civic involvement and compassion.

The conference content is aimed at primary care physicians (Family Medicine and Pediatrics), but **the award is available to any resident or fellow currently training in Canada**. It includes a \$500 award, plus hotel accommodation and conference and banquet fees. Applicants can be nominated by another person, or they may self-nominate. The successful applicant is required to make a 10-15 minute presentation at the banquet of the conference.

Please send nominations packages electronically to award@pediatricinfectiousdisease.ca **no later than December 6, 2019**

Further information is available at www.pediatricinfectiousdisease.ca

ALL CALGARY RESIDENTS: OHMES HEALTH & MEDICAL EDUCATION SCHOLARSHIP SYMPOSIUM – MARCH 5, 2020

The sixth annual OHMES Health & Medical Education Scholarship Symposium will be held at the Health Sciences Centre at the University of Calgary, showcasing work in health and medical education research and innovation. We have revamped the format this year, condensing activities into one full day, featuring local research and innovation, and introducing a “fringe” session during which participants present unexpected and unforgettable artsy content related to health/medical education scholarship. More details, including the announcement of the keynote speaker, will be available soon.

Registration will open in late January, and a confirmed event schedule will be available at that time. The Call for Abstracts for orals, posters, workshops and the “fringe” is open until 6 January 2020, with details at <https://cumming.ucalgary.ca/office/ohmes>.

This free event is open to anyone with an interest in health or medical education scholarship. For further information, please contact ohmes@ucalgary.ca or 403-220-4342.

Attachment: OHMES Health&Med Edu Symposium Abstract Form2020

ALL RESIDENTS: CONTINUING MEDICAL EDUCATION FOR RESIDENTS

Considering summer and fall accredited learning? Checkout these flexible, price-friendly options for residents.

Take Advantage of Resident Pricing with the [Evening Course for Primary Care Series](#) September 18 to December 4, 2019

- Attend a webinar or in person 2 hour session for \$10
- Attend all 10 sessions for \$50

Learn at your own pace with these **free online modules**:

- [Alberta Opioid Dependency Virtual Training Course](#)
- [Dementia Behaviours and Appropriate Use of Anti-Psychotics](#)
- [Healthy Pregnancy Weight Gain](#)
- [Obesity Management](#)
- [PTSD and Post Disaster Population Impact](#)

Free weekly [Rural Video Conference Series](#) -- available through Alberta Telehealth sites.

Click [here](#) to Subscribe to our monthly newsletter for news about upcoming courses.

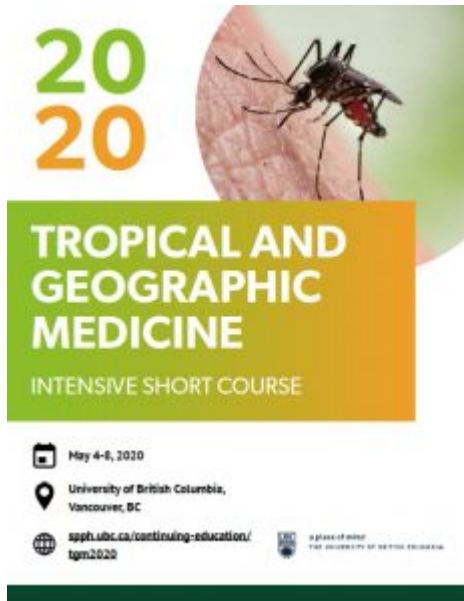
ALL RESIDENTS: UBC TROPICAL & GEOGRAPHIC MEDICINE INTENSIVE SHORT COURSE – MAY 4-8, 2020

Tropical and Geographic Medicine Intensive Short Course 2020

Date: May 4-8, 2020

Time: 8:00 am – 5:00 pm (7:45 am start on May 4 Monday.

Course adjourns at 5:00 pm on May 8 Friday.



Location:

University of British Columbia

Vancouver campus – classroom TBA

Laboratory: Life Sciences Centre, Multipurpose Lab,
2350 Health Sciences Mall, Vancouver BC

REGISTER HERE

Click [here](#) to view course brochure

The annual Tropical and Geographic Medicine course aims to provide health practitioners an important update and overview of key tropical diseases with a focus on providing care in resource-limited settings as well as in Canada. This course is the first of its kind in western Canada. Over 300 physicians, nurses, pharmacists and other health professionals have successfully completed this course.

SOCIAL

ALL RESIDENTS: 2019 JINGLE & MINGLE – TICKETS NOW AVAILABLE

A quick reminder that tickets to the DFM Jingle & Mingle are now available!

You and a guest are invited to celebrate the holidays with the **Department of Family Medicine on Friday, December 20th!**

What: DFM Jingle & Mingle

Where: Garage Sports Bar (Eau Claire)

When: Friday, 20th December 2019

7:00 PM – 11:00 PM MST

For tickets and event information, go to: <https://dfmjinglemingle2019.eventbrite.ca>

The deadline to purchase tickets is December 13th, 2019.

If you need a taxi chit to get home safely from the party, please email meghan.prevost@ucalgary.ca.