

FM Residency Newsletter – R2 Calgary, Rural & Enhanced Skills Residents – July 19, 2019

Resident Newsletter

In order to reduce the amount of emails that you receive during your Family Medicine Residency 2-year program & ES year, Program information, deadlines, and announcements are shared via the FM Residency Newsletter weekly on Friday afternoon. Please take a moment to read the Newsletter

IN TODAY'S NEWSLETTER

- R2 Calgary Residents: **New** Psych Call Shifts
- R2 Calgary Residents: **New** Resident Recruitment for the Personal Letter Editing Session
- R2 Calgary Residents: ****Reminder**** Resident Leadership Committee(RLC) – Applications OPEN!

CONFERENCES, COURSES, WORKSHOPS

- R2 Calgary Residents: **2019 Fall ACLS Dates** – Registration NOW Open!
- ALL Residents: **New** Continuing Medical Education for Residents
- ALL Residents: Urgent Care UCC Conference, **Nov 2**

JOB POSTINGS – PHYSICIAN OPPORTUNITIES

- ALL Residents: Physician Opportunities

R2 CALGARY RESIDENTS: **NEW PSYCH CALL SHIFTS**

If you have any questions regarding Psych Call Shifts please contact the Behavioural Medicine/Mental Health Learner Scheduler at fmmh@ucalgary.ca. Please do not contact the site schedulers.

R2 CALGARY RESIDENTS: **NEW RESIDENT RECRUITMENT FOR THE PERSONAL LETTER EDITING SESSION**

Dear Residents,

On behalf of the Student Advising and Wellness (SAW) Office, we are writing to you regarding a new CaRMS session geared towards helping our clerks receive feedback on their personal letter statements. We would like to ask for your time and expertise to help ensure they receive meaningful assessments of their personal letters before submitting their final applications to CaRMS.

Students have expressed a great interest in receiving feedback from current residents regarding their experience writing personal letters for CaRMS. To help them obtain the most relevant information, the SAW office is asking for your assistance in participating in a **“Personal Letter Editing Session”**.

This formal editing session will give our students the opportunity to receive immediate feedback from residents who have recently participated in the CaRMS process. We will supply our resident volunteers with a check list to help guide comments and assessments. Also, samples of strong personal letters will be provided as a reference.

The Personal Letter Editing Session is scheduled from 6:30-7:45pm on September 18th in Medical Skills, Health Sciences Center. Each resident will meet with up to four students for 15 minutes each. This is a time commitment of just over an hour.

If you are interested, please let us know by clicking the link and completing the **RSVP** form
<https://mdsurvey.ucalgary.ca/evaluation/entry.jsp?id=1563296650433>

If you have questions, please feel free to contact me at jholm@ucalgary.ca or 403-220-4357.

R2 CALGARY RESIDENTS: **REMINDER RESIDENT LEADERSHIP COMMITTEE(RLC) – APPLICATIONS NOW OPEN!**

The Resident Leadership Committee (RLC) is looking for new members for the 2019-2020 calendar year. The RLC is made up entirely of Calgary Program residents, who meet approximately every 4 weeks for one and a half hours to discuss important issues in the Program and to provide updates on specific roles/duties. We have a variety of open positions to be filled spanning a wide array of interests both within and outside of the program. RLC is a wonderful opportunity to become involved in various aspects of the Family Medicine Program outside of our day to day work and provides the opportunity to connect with residents across divisions, the province, and even the country.

Applications are now open and the procedure is as follows:

1. Read the attached PDF with a description of each of the positions available.
2. Fill out the google form at: https://docs.google.com/forms/d/e/1FAIpQLSfj28TwxhZv89gB57ZzdAGEv0-V7S1DnSoXaCUJ9BhRWMhlg/viewform?usp=sf_link
3. Send an email to jacqueline.luhoway@ucalgary.ca with a PDF attachment of your CV (one copy only) and a Letter of Intent for each position you are applying for.

****You are able (and encouraged!) to apply for multiple positions on the RLC.****

July 26, 2019 23:59 - Deadline for all RLC positions

Exceptions: PARA - **July 28, 2019**; externally through PARA

CFPC - **July 24, 2019 23:59** followed by internal Calgary FM Election

We will notify all applicants by August 2, 2019 of the results of this process. Next RLC meeting will be on **August 7, 2019**. Please email jacqueline.luhoway@ucalgary.ca with any questions.

Attachment 1_RLC Call for Applications_2019-2010

[CONFERENCES, COURSES, WORKSHOPS](#)

R2 CALGARY RESIDENTS: 2019 FALL ACLS DATES – REGISTRATION NOW OPEN!

ACLS 1 Day Renewal Course – Saturdays

July 13 th	Oct 19 th
Sept 14 th	Nov 2 nd
Sept 28 th	Nov 23 rd
	Nov 30 th

ACLS 2 Day Provider Course

Saturday & Sunday Provider Classes:

July 13th/14th
Sept 14th/15th Nov 2nd/3rd
Sept 28th/29th Nov 30th / Dec 1st

***ACLS Experienced Provider Course** - Sundays

(Geared towards advanced HCPs who have previously taken ACLS several times & are looking for a more challenging course with a focus on case based scenarios)

Oct 20th Nov 24th

Foothills Medical Centre

Contact: Clare Puzey for registration details clarepuzey@gmail.com; or 587-223-2691

ALL RESIDENTS: **NEW** CONTINUING MEDICAL EDUCATION FOR RESIDENTS

Considering summer and fall accredited learning? Checkout these flexible, price-friendly options for residents.

Take Advantage of Resident Pricing with the [Evening Course for Primary Care Series](#) September 18 to December 4, 2019

- Attend a webinar or in person 2 hour session for \$10
- Attend all 10 sessions for \$50

[Register for Pearls for Family Practice](#) (in person and webinar) October 7-10, 2019 – **more resident pricing available!**

Learn at your own pace with these **free online modules**:

- [Alberta Opioid Dependency Virtual Training Course](#)
- [Dementia Behaviours and Appropriate Use of Anti-Psychotics](#)
- [Healthy Pregnancy Weight Gain](#)
- [Obesity Management](#)
- [PTSD and Post Disaster Population Impact](#)

Free weekly Rural Video Conference Series -- available through Alberta Telehealth sites.

Click [here](#) to Subscribe to our monthly newsletter for news about upcoming courses.

ALL RESIDENTS: URGENT CARE UCC CONFERENCE, NOV 2

Conference: 13th Annual Urgent Care Conference – Best Practice and Excellence in Care

Location: Alberta Children's Hospital, 2888 Shaganappi Trail NW, Calgary

Email: UrgentCareConference@gmail.com

Website: www.regonline.com/uccconference2019

JOB POSTINGS – PHYSICIAN OPPORTUNITIES

Current Physician Opportunities for DFM Residents are now posted on our DFM Website, please contact the individual provider for further details. Opportunities will remain posted for 3 months, please note the expiry date at the bottom of the post.

Website Link: <http://www.calgaryfamilymedicine.ca/residency/index.php/opportunities>

Resident Leadership Committee Application 2019-2020

The Calgary Family Medicine (Calgary) Residency Program has numerous opportunities for residents to become involved in various aspects of Program governance. One of the main ways to get involved with your program is to sit on the **Resident Leadership Committee (RLC)**. The RLC is made up entirely of Calgary Program residents, who meet approximately every 4 weeks for one and a half hours to discuss important issues in the Program and to provide updates on specific roles/duties. This is a great way to become involved in the Program.

RLC Structure and Positions Available

Role

Positions Available

Curriculum Representative	3 R1s or R2s
Family Medicine Interest Group (FMIG)	1 R1
Treasurer	1 R1 or R2
Social Wellness Athletic & Grad (SWAG)	3 R1s or R2s
College of Family Physician of Canada (CFPC) Representative	1 R1
Alberta College of Family Physicians (ACFP) Representative	1 R1
PARA - Representative recruited directly by PARA **SEE EMAIL FROM PARA	2 Program Liaison Positions Open Member Positions
Site Representatives	CTC/Sheldon Chumir 1 R1 Sunridge 1 R1 & 1 R2 South Health Campus 1 R1 Airdrie Medical Clinic 1 R1 Alex Community Clinic 1 R1 & 1 R2 Black Diamond 1 R1 & 1 R2 Circle Medical 1 R1 & 1 R2 Crowfoot Village 1 R1 & 1 R2 South Calgary Medical 1 R1 East Calgary Family Health 1 R1 & 1 R2

If you are interested in one of the above positions, please see below for more information on the specific role.

Curriculum Representatives

This position provides an opportunity to voice your ideas and opinions in shaping both the content and structure of the academic curriculum to meet the learning needs of residents. Curriculum representatives share responsibility to advocate a resident perspective for the 11 Domains of Clinical Care, liaising with their respective Domain Leads in revising content and delivery of curriculum throughout the year. Curriculum residents are instrumental in delivering the Fall & Spring Conferences, from topic choice thru to running the day itself. Curriculum Representatives also have the unique opportunity to help fellow residents to plan Resident-Led Curriculum Events with the support of the RLC. Curriculum representatives will sit on the Resident Leadership Committee as well as 4 yearly Curriculum & Evaluation Committee (CEC) In-Person Meetings (minimum 2 reps are required to attend each CEC meeting).

Deadline: 26 July 2019 at 23:59 Instructions: Fill out [this](#) google form and submit a CV and Letter of Intent to Jacqueline Luhoway at jacqueline.luhoway@ucalgary.ca

Contact regarding role: Valli Kumarappah at a.kumarappah@ucalgary.ca

Site Representatives

Site Reps serve as the primary Resident liaison for the teaching clinics. Site reps are the go-to person for Residents who have concerns about their site, and for staff/preceptors at the site who want to communicate with all family medicine Residents.

Site Reps communicate information to the Chief Residents and to the rest of the RLC at meetings. Site Reps also attend two Family Medicine Residency Program Committee (FMRPC) meetings on a rotating basis. These meetings occur on the 3rd Thursday of the month, monthly, 0800 – 0930. The FMRPC meetings are led by the Program Director and attended by Department of Family Medicine (DFM) faculty and staff members to discuss Program-related business and vote on issues. At FMRPC meetings, Site Reps may bring forward Resident concerns about rotations, teaching sites, or our program on behalf of the Residents within their respective sites / divisions. Be advised that the Chief Residents attend all RPC meetings as well, to represent all Residents as a group.

Deadline: 26 July 2019 at 23:59 Instructions: Fill out [this](#) google form and submit a CV and Letter of Intent to Jacqueline Luhoway at jacqueline.luhoway@ucalgary.ca

Contact regarding role: Email Jacqueline Luhoway and I'll connect you with your current site rep.

Social, Wellness, Athletic, & Grad (SWAG) Committee

This committee is comprised of four residents from R1 and R2 who will help with the social programming throughout the 2019-2020 Academic Year. Each of the four residents will take one of the portfolios covering social, wellness, athletics and the R2 graduation. You will work closely with the treasurer on the RLC to help fundraise and plan these events. Specific events that fall under this portfolio would be the CaRMS socials, the Orientation Socials and the Resident Retreat. They also have the task of coordinating various formal and informal social events for their fellow residents throughout the year, such as games nights, sports events, outings (bike rides, hikes, etc.), and pub nights, etc. These events are left largely to the creativity of the Social Committee Reps. Reps should aim to schedule a social event approximately every month. All Social Committee Reps are expected to attend RLC meetings to keep other members up to date on the events planned for coming months, and to foster ideas from the rest of the group.

Deadline: 26 July 2019 at 23:59 **Instructions:** Fill out [this](#) google form and submit a CV and Letter of Intent to Jacqueline Luhoway at jacqueline.luhoway@ucalgary.ca

Contact regarding role: Email Jacqueline Luhoway

Professional Association of Residents of Alberta (PARA) Assembly Member

*****Note different deadline - July 28, 2019**

This is an excellent position for anyone with political inclinations and a sincere concern for the wellbeing of their fellow Residents. PARA is a non-profit organization that endeavours to provide effective representation for resident physicians.

PARA advocates excellence in education and patient care while striving to achieve optimal working conditions and personal wellbeing for all its members. Offering numerous support services for residents, PARA also negotiates on behalf of all Alberta Residents on important policies such as Resident salaries, call scheduling guidelines, call stipends, and health benefits. There are three positions for PARA Assembly Delegates from the fields of Public and Preventative Health/Family Medicine/Emergency Medicine.

It is always very appreciated to have Family Medicine representation on the committee. Any elected representative will be a member of the PARA Board for a 2-year term and serve as a liaison between the board and Family Medicine Residents. Representatives are expected to attend 4 Annual Board Meetings held in Edmonton and Calgary (alternating). The DFM will support the PARA Reps in attending these meetings. Travel costs are reimbursed through PARA. Applications are processed through PARA, however these representatives also attend RLC meetings.

Deadline: 28 July 2019 at 23:59 **Instructions:** PARA has sent an email on July 4, 2019 outlining the application process and related materials. For details on the application process: https://gallery.mailchimp.com/399f96002c9c331b20187171c/files/1fbbf641-6e3d-434e-8d30-0c4265741279/PARA_Assembly_Nomination_and_Election_Process_2019.pdf

Contact regarding role: Email Jacqueline Lohway at jacqueline.lohway@ucalgary.ca, Rae Shams at Tahireh.shams@ucalgary.ca, or Lauren Bilinsky at lauren.bilinsky@ucalgary.ca

College of Family Physicians of Canada (CFPC) Representative

*****Note different deadline - July 24, 2019 23:59**

Are you interested in getting involved in the CFPC, representing your program at a national level, and working with family medicine (FM) residents from other Canadian universities? We are looking for a motivated first year family medicine resident to join the CFPC Section of Residents (SOR) for a term of 2 years. The CFPC section of residents (SOR) is a council composed of 2 representatives, one R1 and one R2, from each of the 14 universities affiliated with the CFPC.

Duties include: Attending two meetings per year in Mississauga/Toronto (costs reimbursed) and up to two additional teleconferences, representing the opinions of FM residents at our university, including gathering information prior to meetings, communicating information from the SOR and CFPC with FM residents and administration at our University, disseminating information about meetings, promoting the CFPC, participating in one of the SOR subcommittees and representing the SOR on at least one other CFPC committee.

The perks are numerous, including at least 2 all expenses paid trips to Mississauga/Toronto per year, a great opportunity to get involved at the CFPC level, the chance to network at the CFPC and be directly involved in committees of your interest including Palliative Care, Section of Teachers, Postgraduate Education, among many others, and meeting and working with over 30 residents from across the country!

Deadline: 24 July 2019 at 23:59 **Instructions:** Fill out [this](#) google form and submit a CV and Letter of Intent to Jacqueline Lohway at jacqueline.lohway@ucalgary.ca

Contact regarding role: Lauren Standerwick at lauren.standerwick@ucalgary.ca

Alberta College of Family Physicians (ACFP) Representative

The Alberta College of Family Physicians is a provincial, professional voluntary organization, representing more than 3,500 family physicians in Alberta. It promotes excellence in family medicine for patients, families, and communities through advocacy, education, and research.

Resident Leadership Committee Application |

The ACFP has student and resident initiatives that help promote learners in family medicine. These include informal student information luncheons with family physicians, free ACFP membership for students and funding for the Annual Scientific Assembly in the spring. The resident representatives are required to attend a select number of general meetings per year. Residents may also be required to sit on subcommittees with variable time commitments.

We are looking for one R1 to work with the current ACFP R2 representative. For more information on the Alberta College of Family Physicians: <http://www.acfp.ca>

Deadline: 26 July 2019 at 23:59 **Instructions:** Fill out [this](#) google form and submit a CV and Letter of Intent to Jacqueline Lohoway at jacqueline.lohoway@ucalgary.ca

Contact regarding role: Kanwar Pannu at kgspannu@ucalgary.ca

Family Medicine Interest Group (FMIG) Representative

This position is to liaise with the Cumming School of Medicine students and plan Family Medicine Teaching Nights and other family medicine resident – medical student events. The selected R1 will work together with our R2 representative to plan Resident Teaching Nights and promote Family Medicine at the undergraduate level. As a newer position, there remains significant flexibility with how often you would like to plan teaching/mentorship events with the medical students as well as what type of events you would like to organize.

Deadline: 26 July 2019 at 23:59 **Instructions:** Fill out [this](#) google form and submit a CV and Letter of Intent to Jacqueline Lohoway at jacqueline.lohoway@ucalgary.ca

Contact regarding role: Paul Bryan at pmbryan@ucalgary.ca

Treasurer

This position is to lead the fundraising effort and finances of the RLC. We have a bank account that we will use throughout the year to fund RLC specific events; your role will be to manage these funds. In addition, in keeping with the school policy, you will be the person leading the fundraising efforts for the RLC to help us accumulate more funds to run RLC programming. You will work closely with the SWAG committee for many events throughout the 2019-2020 year.

Deadline: 26 July 2019 at 23:59 **Instructions:** Fill out [this](#) google form and submit a CV and Letter of Intent to Jacqueline Lohoway at jacqueline.lohoway@ucalgary.ca

Contact regarding role: Amanda Wang at amanda.wang2@ucalgary.ca